

## RECREATION THIS WEEK: August 1, 2013

### Recreation Department News...

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#### **BRINGING THE FLAIR OF BRAZIL TO THE USA! – AUG. 5**

The TetraBrazil Academy provides players with authentic Brazilian coaching right in their own community. The TetraBrazil curriculum has been designed by professional coaches and staff to provide teams, coaches and players with the same expert level of training received by professional clubs in Brazil. The Recreation Department in partnership with Mammoth AYSO is hosting Tetra Brazil at the new Whitmore synthetic soccer field from August 5-9, 2013.

To for more information or to register online, please visit: <http://www.challengersports.com/tetrabrazilcamps.aspx>

#### **Experience authentic Brazilian Training:**

TetraBrazil offers unique camp programs that combine learning and fun. In our Programs, players are grouped according to age, size and ability in an atmosphere set to challenge each player to raise their game to new heights. Learn how to play the Brazilian Way!

TACTICS:	Triangulations - The Brazilian Way, Combination Plays, Change the Point of Attack, Phases of Play, Using the Wide areas, Expressing the players Creativity, and learn the Brazilian Box Formation
TECHNIQUES:	Give and Go - The Brazilian Way, First Touch & Receiving, Passing Weight and cy, Individual Moves, Crossing, Finishing and Shooting, Free Kicks & Penalty Kicks, 1v1 Attack & Defending, Futsal Techniques.
CONDITIONING:	Foot Speed and Quickness, Circuit Training, Speed Training, Flexibility, Balance.

Get your game on this summer at Tetra Brazil!

#### **SHOWBOAT YOUTHEATRE SAILS INTO MAMMOTH – FOR OVER 20 SUMMERS – AUG. 5**

“I’ve never had so much fun in all of my life”...

“I can’t wait until the next one”...

“I never knew my child had it in him!”

These are just a few of the comments overheard at the performance of Showboat Youtheatre’s most recent blockbuster musical, completely cast with children. This summer, they will drop anchor in Mammoth Lakes on **Monday, August 5** to begin its annual summer musical comedy workshops for all of the local youngsters from 5 to 17 years of age.

The workshops, sponsored and invited by Mammoth Lakes Recreation Department will be held at the Community Center and Mammoth Lakes Arts Center. The children from 5 to 10 years of age will be working on “Surf’s Up!” from 9 a.m. until 11:00 a.m. and the more advanced thespians from 10 and up will be working on the adapted, well known musical “AQUANET”. The workshop/rehearsals will be held on **August 5-15**, with local recitals for both shows the weekend of **August 16 & 17**. Cost is \$95 for kids 10 and under, \$105 for ages 11 and up.

Instructor is Ann Monahan, choreographer/director, who has been performing and teaching for over 45 years. For many years, she has conducted similar workshops throughout the Los Angeles area. For further

information and to register for this exciting and creative summer camp, either register online at [www.mammothrecreation.com](http://www.mammothrecreation.com) or call John Connolly at Mammoth Lakes Recreation at 934-8989 x234. Don't miss the boat!

### **YOUTH ROCK CLIMBING CAMPS – AUG. 5-6**

The SRCS (Sierra Rock Climbing School) youth climbing camp is a unique and special opportunity for young people to learn about rock climbing from expert professional rock-climbing guides, in a safe as possible and non-competitive atmosphere. Our youth rock climbing camps are for beginner through advanced climbers. The focus of the camps will be on having fun and climbing safely; nevertheless, participants will learn valuable technical climbing techniques. The experience of climbing with others will also help participants develop valuable skills in group dynamics, leadership, team building and interpersonal communications. SRCS is proud, as well as excited to be offering these climbing camps through Mammoth Lakes Recreation. Our guides look forward to meeting you and getting to know all of you. We hope you will join us for an excursion full of rock climbing. Camps will run on Mondays and Tuesdays throughout the summer from 9a.m. - 4p.m. on these dates: August 5-6, and August 19-20. Cost is \$155.

### **SKATE CAMP – WAVERAVE KONCRETE COMMANDOS – AUG. 7-9**

This three-day camp, designed for all abilities, will meet daily at Volcom Brothers Skate Park. In addition to a heavy emphasis on skateboarding and skill development the camp will also go swimming, play fun games, and eat out. Camp is open to kids ages 6-13 and goes from 9-4 p.m. Cost is \$105/session. Next sessions: August 7-9, and August 19-21. Recreation staff highly recommends this camp as a warm-up to the annual WAVERAVE contest held at Volcom Brothers skate park on Saturday, August 24.

### **GYMNASTICS/TUMBLING PROGRAM IS BACK!**

Classes resumed on July 30, 2013.

### **STEERING COMMITTEE CONVENES ON AUGUST 5 TO DISCUSS THE POTENTIAL FORMATION OF A MAMMOTH LAKES RECREATION (MLR) ENTITY**

The Town Council appointed Mammoth Lakes Recreation (MLR) Steering Committee will meet for the second of three times on Monday, August 5, 2013 at 3:30 p.m. in Suite Z. The facilitated workshops are led by the Strategic Marketing Group regarding the potential formation of a Mammoth Lakes Recreation (MLR) entity. Information regarding the upcoming MLR process, including meeting dates (July 22, Aug. 5 & 19), agendas and reference documents can be viewed online at: <http://www.ci.mammoth-lakes.ca.us/index.aspx?nid=533>.

Public participation is encouraged and public comments will be received during the last 15 minutes of each session or as time allows. Comments regarding the sessions or MLR process are welcomed and can be sent to Stuart Brown at [sbrown@ci.mammoth-lakes.ca.us](mailto:sbrown@ci.mammoth-lakes.ca.us), or by calling (760) 934-8989 ext. 210.

### **RECREATION DEPARTMENT LAUNCHES ONLINE REGISTRATION**

In an effort to improve customer service and streamline operations, the Recreation Department – compliments of Measure R, has partnered with the Active Network to provide 24/7 web-based activity and facility reservations. To begin, visit us online at [www.mammothrecreation.com](http://www.mammothrecreation.com), click on the *Online Activity/Facility Reservations* tab and your first step is to **“Request Account.”** All you need is an email and password. The system will allow you to register online for an activity, reserve a facility or request Measure

R equipment...it's fast and easy! Please drop by the office or call us at (760) 934-8989 ext. 222 if we can be of assistance to you.

### **NEW POST CAMP COOL DOWN!**

This summer the Recreation Department is adding a 2-hour after camp 'cool down' session at the Mammoth Roller Rink for only \$10/participant (3 person min.). Drinks and healthy snacks will be provided, along with supervised entertainment. This program is available for any parents needing additional supervision while at work. The 2-hour program is offered after every parks and recreation hosted program. Call for more information or reserve online!

### **2 FOR 1 SKATE RENTAL DEAL IS EXTENDED AT THE ROLLER RINK**

The Recreation Department has extended the 2 for 1 skate rental (value \$3.00) offer at the Mammoth Roller Rink. The offer now expires on August 31, 2013 so grab a partner and come on down! The facility is located at 416 Sierra Park Road adjacent to the Mammoth Lakes Library and opposite Mammoth High School. New this year, the facility will operate from 6:00 – 10:00 p.m. Thursday thru Saturday evening – under lights. Low admission fees for students (\$2.00 MUSD/MCOE) make it one of the most affordable recreation activities in Mammoth Lakes. For the 2013 summer season, adult and youth admission is only \$4.00 (Thursday/Friday), skate rentals are \$3.00 per session (4-hours), and kids 4 and under get in for free with a paid adult. This summer get your 6th Admission FREE with the Five FUN Pass (5FP). It's only \$30 for adults and \$20 for youth (5-15 yrs.) and every 6<sup>th</sup> visit is FREE!

Rent the Mammoth Roller Rink for your next party! All-inclusive birthday party packages are available from as low as \$75 per 10 children, and up to \$15 per child for your personal party coordinator, cake, pizza, drinks and skate rental.

The Mammoth Roller Rink is owned and operated by the Town of Mammoth Lakes through a partnership with Mammoth Unified School District and Mono County Office of Education. The facility is drug-free, smoke-free and pet-free. Roller/inline skates, scooters, skate boards are allowed on the surface. Bikes are not allowed at any time. Helmets and appropriate safety equipment are recommended.

For the complete summer schedule, rates and special promotions visit [www.mammothrollerrink.com](http://www.mammothrollerrink.com), see our rack card in all Certified Racks located throughout Mammoth Lakes and along HWY 395, or call the Mammoth Roller Rink at (760) 934-2505, or Recreation Department office at (760) 934-8989 ext. 222.

### **PLAY DROP-IN STREET HOCKEY EVERY SUNDAY AT THE MAMMOTH ROLLER RINK**

The Recreation Department in partnership with members of the Ice Hockey League have scheduled Drop-in Street Hockey every Sunday night at the Mammoth Roller Rink from 5:30-7:30 p.m. The program will conclude on Sunday, August 24, 2013. Cost is only \$2/participant per session with the completion of a signed waiver by an adult (18+ yrs.) Please bring shoes and a stick. All adults and high school age teens welcome!

### **NOTIFY ME!**

Receive updates sent directly to your email or phone from the Town of Mammoth Lakes by subscribing to "Notify Me." Found on the left side of [www.ci.mammoth-lakes.ca.us](http://www.ci.mammoth-lakes.ca.us), stay current with Public Service Announcements, Emergency Alerts, Town e-News, Recreation This Week, No Burn Announcements, DNDP updates, bid postings, news flash, calendar items, and more! Make smart decisions, subscribe today!

## Recreation News, Events & Activities in Town...

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### **BLUESAPALOOZA | AUGUST 1-4**

Successfully celebrating its 18th year, Mammoth Festival of Beers and Bluesapalooza promises an energetic line-up of blues performers and a tasting from 70 of the best craft breweries in the country. Minaret Road will be closed for vehicular access (parking only) from 10am on Friday, August 2, to midnight on Saturday, August 3, 2013.

### **SUMMER OF STEWARDSHIP – AUGUST 3**

**TITLE:** Coldwater Trails and Mammoth Consolidated Mine Trail Day!  
**WHAT:** Join Mammoth Brewery and the Southern Mono Historical Society for trail work on the Coldwater Trails and the Mammoth Consolidated Mine site.  
**WHEN:** SATURDAY, August 3, 8:30 a.m. to 1:30 p.m.  
**WHERE:** Meet at the parking lot at the very top of the Coldwater campgrounds for a free bagel breakfast, safety talk and work assignments. Free lunch and lots of giveaways will be hosted on site.  
**WHO:** Volunteers of all ages and abilities are welcome! Please dress for trail work: sturdy, close-toed shoes and long pants. Gloves and all tools provided.  
**CONTACT INFO:** Visit [mltpa.org](http://mltpa.org) or [friendsoftheinyo.org](http://friendsoftheinyo.org), Call (760) 873-6500 or (760) 934 3154 or E-MAIL: [drew@friendsoftheinyo.org](mailto:drew@friendsoftheinyo.org)

### **MAMMOTH MUD RUN RETURNS AUGUST 24**

California's highest Mud Run celebrates its third annual race as bigger, better, and muddier than years past. Participants can expect to have their endurance and strength tested in this one-of-a-kind 5k Mud Run packed with 18 manmade and natural obstacles, including snowmaking guns, airbags, and more. New this year, participants will enjoy a new course layout starting at Canyon Lodge. Runners will race through a number of obstacles up the ski slopes covered in mud, through The Village at Mammoth, then ride up the Village Gondola to the finish line at Canyon. After the race, the celebration continues at Canyon Lodge with music by DJ Kane and Echo Love Chamber, food, prizes, and fun for everyone.

Costumes are encouraged and rewarded for individuals and teams of four, and a kid-friendly course with obstacles has been created for runners ages 5-12 who will be awarded a medal at the finish line.

Entries are now open for individuals and teams, but participants are encouraged to sign-up soon for the best price and ensure their spot as space is filling up fast. Register at [www.mammothmountain.com/MudRun](http://www.mammothmountain.com/MudRun) before August 18 and get your free event tshirt. Mud Runs are all about having fun and getting muddy so grab your friends and save 15% off your team entry.

#### **Friday, August 23**

5-8pm Packet pick up in The Village at Mammoth

#### **Saturday, August 24**

7-8am Costume Contest Sign-up at Canyon Lodge  
7-9am On-Site Registration/ Packet pick up at Canyon Lodge  
7:30-8:30am Stretching/warm up sessions  
8:30am Costume Contest

9am Mammoth Mud Run 5k Start  
11am Awards Ceremony (adults only)  
12pm Mini Mammoth Mud Run 1K Start

\*Schedule subject to change. Visit [mammothmountain.com/mudrun](http://mammothmountain.com/mudrun) for the latest.

### **Mammoth Rocks – A Taste of the Sierra**

Mammoth Rocks is an evening of live music and includes the best food "tastings" from across the Eastern Sierra. This event takes place in The Village at Mammoth on Friday and Saturday evenings and is FREE to the public.

Friday Line-Up: Core Shots, The Stone Foxes, Nervous Wreckords, Gram Rabbit  
Saturday Line-Up: Stratusfunk, Berel Alexander, Deadly Birds, Ease Up, Jet West, Delta Nova, Jelly Bread

More info available at: <http://www.mammothrocks.net/#!gigs/clbf>

### **Mammoth Lakes Area Trails Report – July 21, 2013**

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Summer in the Lakes Basin is in full swing accompanied by an orchestra of booming thunderclaps and whispering pine breezes. With the great weather, flowers and warm days comes lots of fun. Just a gentle reminder that part of the fun is packing out what you've packed in. This week Friends of the Inyo's Lakes Basin Steward removed over ten pounds of trash from around just part of the Lake George shore. Help those behind you notice the blooms – such as brilliant orange tiger lilies and cottonball-like ranger's buttons – not the plastic bags.

This past weekend's third SOS day at the Mountain View Bike trail was a huge success! Over forty people showed up to improve the Mountain View trail, install new signs, and clean up the trails around the incomparable Minaret Vista. Jump on a bike (or bus) and take a ride up (then down) to check out what lots of hands can do before they enjoyed a free lunch and an avalanche of raffle prizes.

The Starkweather Lake trail starting at the Minaret Vista still has many flowers in bloom. Sixty-two different plant species were recorded in this 2.5-mile hike! This includes two types of monkey flower, purple larkspurs over 4 feet tall, and the parasitic orchid striped coral root. There is a crashed snowmobile in the trail less than .5 miles from the trailhead, but it is easy to navigate around.

Now that the trail to Valentine Lakes is completely melted out there are many misleading switchback cuts along the last mile to the trail. Friends of the Inyo restored many of these shortcuts, but please protect this trail by staying on the true path. Around wet areas look for the large, pink Lewis' Monkeyflower.

Two trail-blocking trees have been cut out from the Mammoth Crest trail, and in addition to epic vistas this trail boasts beauty right at your feet, too. Look for low-growing Brewer's Lupine, Woolly Sunflower, and Butterballs.

Interested in seeing a truly excellent high Sierra flower display? Head to the short trail between Duck and PikaLake on the Duck Pass trail. Flowers abound with yellow Soft Arnica, bright pink and red paintbrush, and even the late summer-bloomer, Sierra Gentian. A few fire rings have been cleaned up around the lakes and some trail maintenance has been completed to protect walkability through better water drainage.

As the summer burns on, Heart Lake moves beyond peak bloom, but many flowers, like fireweed and monk's hood, are just popping out. Thanks to members of the Inyo-Mono Advocates for Community Action Youth Conservation Corps out of Bishop who helped Friends of the Inyo recently maintain this well-loved path.

*This trail report is provided by Friends of the Inyo with support from the Town of Mammoth Lakes – Mammoth Lakes Trails System funding. The next opportunity to get out and give back to your public lands is next June 28 – July 1. Join Friends of the Inyo for a 4 day/3 night restoration project in the Northern Inyo Mountains. All meals and tools will be provided. Please contact Andrew Schurr to RSVP at [andrew@friendsoftheinyo.org](mailto:andrew@friendsoftheinyo.org) space is limited so please sign up soon!*