

RECREATION THIS WEEK: May 5, 2016

Parks and Recreation Department News...

DANCE YOURSELF INTO SHAPE WITH ZUMBA!

The department is currently running a Zumba fitness program at the Community Center (on the corner of Forest Trail and Minaret Road). This fun and upbeat program is a great way to add cardio to your day, and is a great fit for anyone looking for alternative workout solutions. Zumba is a dance based workout, allowing you to burn calories while getting your groove on. Licensed Zumba instructor Kaysie Williams is currently running the program every Tuesday from 5:30-6:30pm for teens and adults. The fee for the class is a \$4 drop in fee per class, and advanced registration is not required. The last session on Tuesday, May 24 is quickly approaching, so come check it out soon! For more information please contact Stephanie Daniel at (760) 934-8989 ext. 237.

LITTLE SLUGGERS T-BALL IS BACK FOR THE SPRING

Recreation Supervisor, John Connolly is currently running the Little Sluggers T-Ball program at the Mammoth Elementary School field. Little Sluggers is an introductory t-ball program for children ages 2-5. The program will run every Wednesday from 5:15-6pm at the Mammoth Elementary School field (behind the Elementary School) through June 8 and is \$48 per participant for the season. If you missed the first session (May 4) do not worry! You may still register your child to start during next week's session. You may register your child for Little Sluggers by visiting:

https://apm.activecommunities.com/mammothrecreation/Activity_Search/little-sluggers-t-ball/449

For more information please contact John Connolly at (760) 934-8989 ext. 234. See you on the field!

LAP SWIM TO COMMENCE MAY 9

The Parks and Recreation Department is pleased to announce the annual commencement of Lap Swim at Whitmore Pool (Benton Crossing Road). While public swim will not start until June, we will be offering Lap Swim starting Monday, May 9 through Friday, September 2, 2016. Morning public Lap Swim will run Monday-Friday from 6:30-8:30am. Evening sessions will run on Tuesdays and Thursdays from 5:30-7pm. Please note that Whitmore Pool will be closed on Monday, May 30 and Monday, July 4, 2016 in observance of Memorial and Independence Days. The fees for Whitmore Pool use are as follows:

Daily

Adult: \$4.85

Senior/Youth/Military: \$3.10

Child: \$1.80

Infant: Free w/ Adult purchase

Season Pass

Adult: \$130 early bird/\$140 reg.

Senior: \$110

Youth/Military: \$56.50

Infant: Free w/ adult purchase

5 Swim Pass

Adult: \$22.50

Youth: \$14.25

Child: \$7.50

Infant: Under 1 yr. Adult: 16+ yrs.

Child: 1-6 yrs. Senior: 65+ yrs.

Youth: 7-15 yrs. Military: With ID

For more information, please contact Stephanie Daniel at (760) 934-8989 ext. 237 or sdaniel@townofmammothlakes.ca.gov.



THINKING ABOUT SUMMER ALREADY?

The Parks and Recreation Department is currently taking registrations for our summer camps and programs. While some camps have already filled, there are still spaces available in many of our fun and exciting camps. Visit <https://apm.activecommunities.com/mammothrecreation/Home> to see our summer listings or contact (760) 934-8989 ext. 222 for more information.

Recreation News, Events & Activities in Town...

MONO COUNTY SERVICE AREA 1 COMMUNITY PROGRAMS

Mono County Service Area 1 is currently offering the following fitness and wellness classes in Crowley Lake. If you are a resident within the district the programs are free of charge. If you reside outside of the district (Northwest of the Geothermal Plant or South of Sunnyslopes/Tom's Place), the fee is \$5. All classes (excluding tennis clinics) will be held at the Crowley Lake Community Center.

Spring Tennis Clinics: Intermediate level tennis clinics taught by Kyle Osland. Every Thursday from 4:00-6:00 pm at the Crowley Lake Park. May 5, 12, 19, 26, 2016.

Beginning Fencing: All ages and abilities welcome. Equipment provided. Thursdays from 6:30-7:45 pm. May 5, 12, 26, 2016. Instructed by Rick Stroud.

Cardio Sculpt: Fun body workout for all levels. Must bring your own mat. Mondays 5:30-6:30 pm. May 9, 16, 23, 30, 2016. Instructed by Rachele Jaegers.

Stott Pilates Matwork: Classical Pilates with a contemporary twist. Must bring your own mat. Tuesdays 8:00-9:00 am. May 10, 17, 24, 31, 2016. Instructed by Tessa Coker.

Beginning Ukulele: All ages welcome. Mondays 4:00-5:00 pm. May 9, 16, 23, 30, 2016. *Each class has a \$5 material fee. Instructed by Greg Smith.

Yin Yoga: Must bring your own mat. Thursdays 5:00-6:15 pm. May 5, 12, 26, 2016. Instructed by Tessa Coker.

Mommy Bootcamp: Bring your kids to play while getting a full body workout. All levels. Kids 0-10 welcome. Tuesdays 10:00-11:00 am. May 10, 17, 24, 31, 2016. Instructed by Rachele Jaegers.

For more information contact Isabel at (760) 935-4089 or isbxoxo@gmail.com. Or by visiting <http://www.monocounty.ca.gov/csa1>

SNARL PRESENTS: UNDERSTANDING EARTHQUAKE AND VOLCANIC HAZARDS IN MONO COUNTY

The Sierra Nevada Aquatic Research Lab invites the public to attend their free lecture series. This week's topic is "Earthquake and Volcanic Hazards in Mono County." The lecture will be held on Tuesday, May 10 from 7:00-8:30 pm. The event will be held at SNARL (1016 Mount Morrison Road) and is not recommended for young children. For more information, please contact Annie Barrett (anne.barrett@ucsb.edu) or Kim Rose (kröse@ucsb.edu).



2016 EASTSIDE VELO GROUP BIKE RIDES

Eastside Velo (the Mammoth Lakes cycling club) has organized their list of group rides in the Eastern Sierra through October. All rides are open to the public and are scheduled as follows:

- 5/7: Pamper Pedal
- 5/8: Bottom of the Grade (informal ride)
- 5/14: Fendon's Spring Ride
- 6/5: Bridgeport Ride
- 6/18: Pettigrew's Crowley Lake Ride
- 7/2: Hawthorne Ride at Mono Lake Park
- 7/17: Triple Bypass
- 7/31: June Lake Ride
- 8/14: Reverse Century
- 8/28: Juniper Springs Ride
- 9/10: Mammoth Gran Fondo
- 9/24: Fendon's Pool Party
- 10/8: Benton Hot Springs Ride
- 10/22: Bristlecone Ride

Coming up this weekend is the annual Pamper Pedal! This is an Eastside Velo classic ride designed for women, hosted by the men of EV. This 40 mile ride will descend from Mammoth Lakes to Bishop. Each year the ride hosts a different theme such as "disco" and "on safari." Don't miss this fun and unique event in the Eastern Sierra!

Annual membership is \$35 and gives you access to all of the group rides. Non-members are welcome with a \$15 day use charge. Eastside Velo also offers weekly summer training rides every Wednesday at 5:15 pm. The summer training rides will meet at the Green Church (Benton Crossing Road). To RSVP for rides or to find out more information, visit www.eastsidevelo.org.

FRIENDS OF THE INYO PRESENTS "JUMBO WILD"

Join Friends of the Inyo for a showing of Jumbo Wild at the Mountain Rambler Brewery. From the acclaimed Sweetgrass Productions, Jumbo Wild explores the effort to protect an area of the Purcell Mountains in British Columbia from being developed into a large scale ski resort. Come on down to the Brewery and enjoy a good beer and a movie about the people trying to save a wild place and the amazing wildlife that calls it home.

When: Friday, May 6, 2016 at 9pm

Where: Mountain Rambler Brewery, Bishop, CA

SIERRA CLUB EVENTS AND MEETINGS

May - Range of Light Group Outings/Meetings



May 8: Ski Tioga Pass Area to Greentreble Lake (depending on snow conditions): +- 10mi, strenuous. Meet at 8am at Mammoth Lakes Union Bank, or at 8:30am at Lee Vining Ranger Station. Contact Brigitte (760-924-2140, jungberman@mac.com)

May 14: Excelsior Mountain and Dunderberg Peak: Two moderate snow climbs, 3-6 mile route, approx. 3000' gain each. Ice axe and crampon experience required. Car-camp and Happy Hour at Trumbull Lake. Restricted trip with ice axe, crampons, helmets and snowshoes required. Send email with mountaineering resume/experience to Leader: Peter Lara (2peterlara@gmail.com), Asst: Neal Robbins (neil.robbins@l-3com.com). Presented by Angeles Chapter Wilderness Training.

May 15: Bohler Canyon: Re-visit Bohler Canyon after the fire to monitor regrowth and to visit the many arboglyphs among canyon aspens. 4 miles roundtrip; easy with some cross-country. Meet at 8:30am at Mammoth Lakes Union Bank, or at 9am behind the June Lake Shell station. Contact Jean (760-648-7109, dillinghamjean@gmail.com).

May 18: Highway Clean-up: join ROLG for morning clean-up of our 2mi section of 395. Meet at 8 am at Crestview Rest Area (5mi N of ML). Vests, hard hats, trash bags, pickers, gloves, and refreshments provided. Contact Dick and Joanne (760-709-5050, rhihn@skidmore.edu).

May 22: Hilton Lakes Trail (Crowley) to Davis Lake; 10-12 mi roundtrip; strenuous. Well-behaved dogs welcome. Meet at 9am at Eastside Bakery off of 395. Contact Lisa (720-238-2581, lgbuckley@gmail.com).

May 29: Hike O'Harrel Canyon (near Glass Mountain). Possible trip to Glass Mountain summit depending upon group interest. Panoramic views of the canyon and Sierra Mountains along a stream, meadow, and in open terrain. Cross-country hiking required; well-behaved dogs welcome. Meet at 8am at Mammoth Lakes Union Bank. Contact Melissa (760-937-0499, melissas1@verizon.net).

OUTINGS AND DESTINATIONS MAY CHANGE DUE TO UNFORSEEN WEATHER CONDITIONS. ABOMINABLE WEATHER WILL CANCEL AN OUTING. IF IN DOUBT, PLEASE CONTACT LEADER AHEAD OF TIME.

CURRENT RECREATION JOB OPPORTUNITIES

- Aquatic Site Coordinator
- Gymnastics/Tumbling Instructor
- Recreation Coordinator
- Sports Officials
- Lifeguards
- Volunteers

Upcoming & On-Going Events...

- ON-GOING Zumba Fitness (last day May 24)
- ON-GOING Little Sluggers T-Ball (last day June 8)
- May 9 Lap Swim at Whitmore Pool
- June 2 Adult Stroke Improvement classes begin at Whitmore Pool
- June 13 School's Out Camp (Child & Youth)
- June 18 Whitmore Pool and RecZone Grand Opening

- June 20 Adult Softball pre-season begins
- June 20 Swim School Opens for the season (group and private lessons)
- June 20 Climbing Camp I (MiNi'S, Child, Youth)
- June 21 Drop-in Adult Tennis Sessions begin
- June 21 Adult Tennis Camp & Social begins
- June 22 Wave Rave Skate Camp I (MiNi'S, Child, Youth)
- June 27 Climbing Camp II (MiNi'S, Child, Youth)
- June 27 UK Soccer Camp I (MiNi'S, Child, Youth)
- June 29 Wave Rave Skate Camp II (MiNi'S, Child, Youth)