

## RECREATION THIS WEEK: June 30, 2016

### Parks and Recreation Department News...

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#### **CELEBRATE PARK AND RECREATION MONTH!**

Since 1985, America has celebrated July as the nation's official Park and Recreation Month. In 2009, the U.S. House of Representatives officially mandated July as "Park and Recreation Month." This July celebrate the power of parks with the Town of Mammoth Lakes Parks and Recreation Department. "Our mission is to *Change Lives* by connecting with each and every community member through our many fun programs, signature camps and community events," stated Stuart Brown, Town of Mammoth Lakes Recreation Manager. "I invite you to join us today – it will change your life!"

On July 6, Town Council will consider proclaiming July as Park and Recreation Month in the Town of Mammoth Lakes. The proclamation affirms that parks and recreation services are vital for our communities—from protecting open space and natural resources, to promoting wellness and helping fight obesity, to providing activities and resources for all walks of life—Park and Recreation Month encourages everyone to reflect on the exponential value parks and recreation bring to communities.

#### **WHITMORE POOL CLOSED MONDAY JULY 4**

The Whitmore Pool will be closed on Monday, July 4 in observance of Independence Day. Keep reading for other events and activities happening around Mammoth Lakes on July 4. We will see you on Tuesday, July 5 for Rec Swim, evening Lap Swim, and Swim Lessons!

#### **JULY 5 CAMPS & PROGRAMS**

As a reminder, the following camps and programs begin next week on July 5:

- Wilderness Camp I (MiNi'S, Child, Youth)
- Mountain Bike Camp I (Youth)
- Adult Co-ed and Men's Softball Leagues

For information including itineraries, drop off & pick up locations, packing lists, and schedules please visit our website at <https://apm.activecommunities.com/mammothrecreation/Home> and search for the specific camp or program you or your child is enrolled in.

#### **ADULT SUMMER PROGRAM OPENINGS**

The Parks & Recreation Department is excited for our Adult Summer Programming! We are currently taking registrations for the following Adult Programs this summer:

- Adult Doubles Tennis Camp & Social II & III
- Adult Drop-in Tennis Sessions (advanced registration not required)
- Private Tennis Lessons (reservation only)

Visit <https://apm.activecommunities.com/mammothrecreation/Home> to see our summer listings or to register for a program. Or contact (760) 965-3699 for more information.



**MAMMOTH RECZONE OPEN EVERY WEEKEND**

The Mammoth RecZone is now open every Friday, Saturday, and Sunday nights from 3-9pm for fun on wheels! The facility is an outdoor venue (with shade, lights, and concessions) located in the heart of Mammoth Lakes offering fun on skates, blades, boards, nets, hoops and on ramps. Summer programming includes:

- Friday – Free Admission + \$1.00 Ice Cream Floats!
- Saturday – Free Skate Rental for the 6-9pm Skate Party
- Sunday – Free Hot Dogs + pick-up street hockey

Pricing for the RecZone is as follows:

Admission:

- Adult (16+yrs): \$3
- Youth (5-15 yrs)/Senior (65+)/Military: \$2
- Child (4 and under): FREE with paid adult
- Local Students (with ID): \$2

Skates & Rentals:

- Adult: \$6
- Youth/Senior/Military: \$4
- Child: \$3
- Local Students (with ID): \$2

5 Skate Pass (includes admission & rentals:

- Adult: \$30
- Youth/Senior/Military: \$20
- Child: FREE with paid adult
- Local Students (with ID): \$10

The RecZone is also available by reservation only for party rental Monday-Thursday from 12-9pm and Friday-Sunday from 12-3pm for \$50/hour, or \$200/day. Birthday party package options available for as low as \$7.50/child. Visit [www.mammothreczone.com](http://www.mammothreczone.com) or call (760) 934-2505 for all the details.

**WHITMORE POOL OPEN DAILY**

The Whitmore Pool is now open 7-days a week with public swimming offered Monday-Friday from 12:30-3:30pm and from 12:00-4:00pm on the weekends. Join us for midweek lap swim, swim lessons, and don't miss our Stroke Improvement Class with Coach Sam every Thursday at 5:30pm. Midweek transit service is also available to the Whitmore Pool/Track – only \$2.00 roundtrip with purchase of \$10 ten-ride pass. The fees for Whitmore Pool use are as follows:

Daily

- Adult: \$4.85
- Senior/Youth/Military: \$3.10
- Child: \$1.80
- Infant: Free w/ Adult purchase

Season Pass

- Adult: \$140
- Senior: \$110
- Youth/Military: \$56.50
- Infant: Free w/ adult purchase

5 Swim Pass

- Adult: \$22.50
- Youth: \$14.25
- Child: \$7.50



*Infant: Under 1 yr. / Adult: 16+ yrs. Child: 1-6 yrs. / Senior: 65+ yrs. Youth: 7-15 yrs. / Military: With ID*

All passes may be purchased at Whitmore Pool. For more information, please contact Lindsey Lyon at (760) 965-3699 or visit <http://www.townofmammothlakes.ca.gov/Facilities/Facility/Details/6>.

### **SIGN UP FOR KIDS SUMMERS CAMPS TODAY!**

The Parks and Recreation Department is currently taking registrations for our summer camps and programs. Space is still available in the following camps for July and August:

- Aquatics Camp (9-14 yrs.)
- Junior Lifeguard Camp (11-14 yrs.)
- Girl Power Camp (8-14 yrs.)
- Next Level Basketball Academy (6-14 yrs.)
- Showboat Youtheater: Annie (4-10 yrs.)
- Showboat Youtheater: Peter Pan (11-18 yrs.)
- Youth Tennis Camp (6-14 yrs.)
- Husky Prep Tennis Camp (12-18 yrs.)
- And many more...

Visit <https://apm.activecommunities.com/mammothrecreation/Home> to see our summer listings or to register for a camp. Or contact (760) 965-3699 for more information.

### **SENIOR CENTER PROGRAMS AT THE COMMUNITY CENTER**

The Parks and Recreation Department is currently offering FREE senior programming every Tuesday and Thursday through July at the Community Center (corner of Minaret and Forest Trail). The schedule is as follows:

#### Tuesdays:

- 10:30am – 11:30am: Chair Yoga with Angela
- 11:30am – 12:30pm: Luncheon (food will be provided)
- 12:30pm – 1:30pm: Art Therapy Activity

#### Thursdays:

- 5:15pm – 6:15pm: Fitness with Dre (plan to wear comfortable clothing and shoes)

For more information contact (760) 965-3699. Additionally, a cancer support group is now forming. For more information please e-mail: [annakate.moore@mammothhospital.com](mailto:annakate.moore@mammothhospital.com)

## **Recreation News, Events & Activities in Town...**

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### **MONO COUNTY FREE FISHING DAY - JULY 2**

Come and fish for free in Mono County! All regulations still apply and Report Cards are required, but fishing licenses are waived on this day (and again on September 3). It's the perfect day to learn to fish! Call (760) 934-2664 for more information.



### **MAMMOTH LAKES LIONS CLUB ANNUAL JULY 4 PANCAKE BREAKFAST**

Join the Mammoth Lakes Lions Club for their annual Independence Day pancake breakfast. The breakfast is \$8 for adults and \$6 for children and includes orange juice, coffee, sausage and all-you-can-eat pancakes. The breakfast will run from 7:00-11:00a in the Chart House parking lot.

### **FOOTLOOSE FREEDOM MILE - JULY 4**

The Footloose Freedom Mile is a one-mile road race staged 30 minutes before the town Fourth of July parade on Old Mammoth Road. The race starts at the Snowcreek driving range and finishes near Footloose Sports at the corner of Old Mammoth Road and Main Street. All race proceeds benefit the Mammoth Track Project and Disabled Sports Eastern Sierra. The race is scheduled for Monday, July 4 at 10:30am. Please contact the Mammoth Track club at [deena@mammothtrackclub.com](mailto:deena@mammothtrackclub.com) for more information or to register.

### **INDEPENDENCE DAY PARADE**

Join locals and visitors for the annual Independence Day Parade on July 4! Check out a collection of interesting groups and over 50 floats to celebrate America's favorite holiday. The event will run from 11:00am-1:00pm from old Mammoth Road and up Main Street.

### **POPS IN THE PARK – JULY 4**

Enjoy a wonderful performance by Chamber Music Unbounds 40-45 piece orchestra, performing a 90 minute pops program at Mammoth Creek Park. The show starts approximately 30 minutes after the last float finishes in the July 4 Parade.

### **JULY 4 FIREWORKS SPECTACULAR**

The Independence Day fireworks show promises to be a bright and striking display of color in the Eastern Sierra night sky at Crowley Lake. This year's "Sky Concert" will propel over 737 shells into the Eastern Sierra sky for a mesmerizing 20 minutes beginning at approximately 9:15pm, weather permitting. Admission: \$25.00 per car, RV or truck (excludes camping); \$5.00 per individual/bike (walking/riding).

### **JUNIORS BOWLING WORKSHOP – JULY 7**

Mammoth Rock N' Bowl presents a Junior Bowling Workshop every Thursday at noon from July 7-25, 2016. The program includes 2 games with shoes, snacks and drink, and instruction provided by AMF GOLD coach Jeff Moore. Fee is only \$16 per bowler per week. Please contact Mammoth Rock N' Bowl at (760) 934-4200 for information or to register.

### **2016 EASTSIDE VELO GROUP BIKE RIDES**

Eastside Velo (the Mammoth Lakes cycling club) has organized their list of group rides in the Eastern Sierra through October. Check below for updated ride schedule! All rides are open to the public and are scheduled as follows:

- 7/2: Hawthorne Ride at Mono Lake Park
- 7/17: Triple Bypass
- 7/20: Tour de France Party Night @ Mammoth Brewing Co. & Time Trial #2
- 7/31: June Lake Ride
- 8/14: Reverse Century
- 8/17: Time Trial #3
- 8/28: Juniper Springs Ride



- 9/10: Mammoth Gran Fondo
- 9/24: Fendon’s Pool Party
- 10/8: Benton Hot Springs Ride
- 10/22: Bristlecone Ride

Annual membership is \$35 and gives you access to all of the group rides. Non-members are welcome with a \$15 day use charge. Eastside Velo also offers weekly summer training rides every Wednesday at 5:15 pm. The summer training rides will meet at the Green Church (Benton Crossing Road). To RSVP for rides or to find out more information, including information on the Women’s Racing & Training Team or Time Trials, visit [www.eastsidevelo.org](http://www.eastsidevelo.org).

**CSA AREA 1 SUMMER WELLNESS CLASSES**

Mono County Service Area 1 is now offering various wellness classes at the Crowley Lake Community Center. Classes are open to the public and are free for residents living in the district. If you live northwest of the Geothermal Plant and South of Sunnyslopes/Tom’s Place then you reside outside of the district and will be required to pay a nominal fee of \$5 per class. Class schedule is as follows:

**Cardio Sculpt:**

- Mondays 5:30-6:30pm
- July 11, 18, 25
  - August 1, 8, 15, 22, 29

**Mommy Bootcamp:**

- Tuesdays 10:00-11:00am
- July 12, 19, 26
  - August 2, 9, 16, 23, 30

**Pilates:**

- Tuesdays 8:00-9:00am
- July 12, 19, 26
  - August 2, 9, 16, 23, 30

**Fencing:**

- Thursdays 6:30-7:45pm
- July 14, 21, 28
  - August 4, 11, 18, 25

**Yoga:**

- Thursdays 5:00-6:15pm
- July 7, 14, 21, 28
  - August 4, 11, 18, 25

**CURRENT RECREATION JOB OPPORTUNITIES**

- Sports Officials
- Volunteers



## **SIERRA CLUB EVENTS AND MEETINGS**

*July - Range of Light Group Outings/Meetings.*

**July 7 (Thursday):** Heart Lake from Coldwater Campground: Short 2.4 mile hike from campground to Heart Lake. 550' gain. Meet at 4:30pm at Mammoth Lakes Union Bank. Dogs OK. Contact: Malcolm (760-924-5639) or [WMalcolm.Clark@gmail.com](mailto:WMalcolm.Clark@gmail.com)

**July 9 (Saturday):** Hike with FOI and ROLG: Hike into Deadhorse Meadow, Wyman Canyon, and possibly climb Blanco Peak. Stay tuned for more detailed info. Contact: Jora (760-873-6500) or [jora@friendsoftheinyo.org](mailto:jora@friendsoftheinyo.org)

**July 10 (Sunday):** Gem Lakes: Hike Little Lakes Valley to Gem Lakes. 7.7 mile roundtrip. 700' gain, views of Morgan, Bear Creek Spire, Dade, and Abbot Mountains. Will be passing several back-country lakes. Well-behaved dogs welcome. Meet at 7:30am at Mammoth Lakes Union Bank. Contact: Dick and Joanne (760-709-5050) or [rhihn@skidmore.edu](mailto:rhihn@skidmore.edu)

**July 14 (Thursday):** TJ/Barrett Lakes: This easy loop trail hike starts at Lake George and swings around Lake Mary. 4 miles roundtrip. Well-behaved dogs OK. Meet at Mammoth Lakes Union Bank at 4:30pm. Contact: Malcolm (760-924-5639) or [WMalcolm.Clark@gmail.com](mailto:WMalcolm.Clark@gmail.com)

**July 17 (Sunday):** Starkweather Wildflower Walk: Hike the Starkweather Trail on this slow-paced, 3 mile wildflower discovery walk down the Starkweather Trail from Minaret Vista to Starkweather Lake. Allow 2-3 hours for this mostly downhill hike to view flowers and learn about distribution of trees by elevation. We will supply hand lenses. Bring \$7.00 for shuttle fee (exact change only). Optional extension: ride the shuttle to Devil's Postpile and hike to Rainbow Falls (4 miles). Meet at 9:00am at the Minaret Vista Kiosk. No dogs. Contact: Jean (760-648-7109) or [dillinghamjean@gmail.com](mailto:dillinghamjean@gmail.com)

**July 19 (Tuesday):** Picnic Potluck Supper at McGee Creek: Enjoy the company, spectacular views, and the opportunity to share experiences of the season. Build up an appetite with a walk before dinner to explore geologic features of soaring cliffs surrounding a high desert meadow in McGee Canyon. There are picnic tables and restrooms. Come early or stay late. Dinner begins at 5:30pm. There is adequate parking. Contact: Mike and Mary (805-217-5563)

**July 20 (Wednesday):** Highway Clean-up: join ROLG on a morning clean-up of our 2 mile section of 395. Meet at 8:00am at Crestview Rest Area (5 miles N of Mammoth Lakes). Vests, hard hats, trash bags, pickers, gloves, and refreshments provided. Contact: Dick and Joanne (760-709-5050) or [rhihn@skidmore.edu](mailto:rhihn@skidmore.edu)

**July 23 (Saturday):** Birding Outing: Local bird expert Steve Brad will lead a morning birding walk in the Mammoth Lakes area. Look for resident birds, migrants, and there may be some surprises. Location to be determined, pending weather conditions and bird activity. Meet at 7:30am at Mammoth Lakes Union Bank. Binoculars necessary. No dogs. Contact: Karen (949-240-3956)

**July 24 (Sunday):** Budd Lake: Moderate hike, 6+ miles roundtrip; 1600' gain (begins 8565'). We will hike from Tuolumne Meadows along the beautiful Budd Creek gorge on this unmapped, unmaintained trail with views of Unicorn, Cockscomb, and Cathedral Peaks. Wildflowers, granite, and spectacular views. No dogs. Meet at Mammoth Lakes Union Bank at 8:00am or 8:45am at the Ranger Station Hwy 120. Contact: Mauriça (760-932-7175) or [Maurica\\_And@yahoo.com](mailto:Maurica_And@yahoo.com)

**July 28 (Thursday):** Earthquake Fault: Walk with a student of Geology along the route to observe if it is a Fault or a Fissure. Meet at the Earthquake Fault Parking Lot accessed from Hwy 203 (1.8 miles from the stop light at Minaret and Main) at 4:30 pm. All ages welcome. Contact: Mike and Mary (805-217-5563)

**July 30 (Saturday):** Family Walk: Families meet at Hayden Cabin in Mammoth Lakes at 10:00am to look for stream invertebrates that are food for fish. All ages welcome. Families will walk along the creek for a short outing, before returning to Hayden Cabin picnic area. Bring shoes that can get wet and dry ones for the walk. Prepare for both warm and cool weather. Bring water, along with a picnic lunch. Contact: Jean (760-648-7109) or dillinghamjean@gmail.com

**July 31 (Sunday):** Fern Lake: The trail leaves from Devil's Postpile parking area, descends 200' to cross King Creek, then climbs 1100' to Fern Lake. Total mileage from Devils Postpile to Fern Lake is around 4.5 miles, roundtrip 9 miles. Lunch will be at Fern Lake, and a short hike around the lake will be offered. Meet at 8:00am at Mammoth Lakes Union Bank and bring \$7 cash or a pass for shuttle. Dogs welcome, a muzzle required for the shuttle trip. There will be excellent views of Snow Canyon and the surrounding area, wildflowers, and swimming is possible in Fern Lake. Contact: Melissa (760-937-0499) or melissas1@verizon.net

*For ALL outings: bring water, lunch and snacks, layered clothing, appropriate hiking footwear, hat, sun-screen, bug spray in summer & desired personal items such as cameras, binoculars, and hiking poles. Contact leader for permission to bring your dog. Abominable weather cancels.*

## Upcoming & On-Going Events...

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- ON-GOING Lap Swim at Whitmore Pool
- ON-GOING Adult Stroke Improvement classes at Whitmore Pool
- ON-GOING Senior Program at the Community Center
- July 5 Wilderness Camp I
- July 5 Mountain Bike Camp I
- July 5 Adult Co-ed Softball League
- July 6 Adult Men's Softball League
- July 9 Next Level Basketball Academy I & II
- July 11 Adventure Camp
- July 11 Girl Power Camp
- July 11 Youth Tennis Camp
- July 16 Men's Softball Tournament
- July 18 CSB Soccer Camp
- July 18 Climbing Camp III
- July 20 Wave Rave Skate Camp III
- July 23 Co-ed Softball Tournament
- July 25 Mountain Bike Camp II
- July 25 Wilderness Camp II
- July 26 Adult Tennis Camp & Social