

RECREATION THIS WEEK: July 8, 2016

Parks and Recreation Department News...

CELEBRATE PARK AND RECREATION MONTH!

Since 1985, America has celebrated July as the nation's official Park and Recreation Month. In 2009, the U.S. House of Representatives officially mandated July as "Park and Recreation Month." Hundreds of park and recreation agencies across the United States will celebrate with their communities this month.

"This July, the Town of Mammoth Lakes Parks and Recreation Department is celebrating the *super powers* of parks and recreation and all the ways these community resources add value to our daily lives," stated Stuart Brown, Recreation Manager. "We're challenging everyone to discover their *super powers* at their local parks and recreation facilities whether it's running a mile, building a new network of friends, swinging a bat at Shady Rest Park, or simply hanging out at the Whitmore Pool."

On July 6, the Mammoth Lakes Town Council proclaimed July as Park and Recreation Month. The proclamation affirms that parks and recreation services are vital for our community—from protecting open space and natural resources, to promoting wellness and helping fight obesity, to providing activities and resources for all walks of life—Park and Recreation Month encourages everyone to reflect on the exponential value parks and recreation bring to communities.

"Our mission is to *Change Lives* by connecting with each and every community member through our many fun programs, signature camps and community events" stated Stuart Brown, Town of Mammoth Lakes Recreation Manager. "I invite you to join us today – it will change your life!"

SIGN UP FOR KIDS SUMMERS CAMPS TODAY!

The Parks and Recreation Department is currently taking registrations for our summer camps and programs. Space is still available in the following camps for July and August:

- Aquatics Camp (9-14 yrs.)
- Junior Lifeguard Camp (11-14 yrs.)
- Showboat Youtheater: Annie (4-10 yrs.)
- Showboat Youtheater: Peter Pan (11-18 yrs.)
- Husky Prep Tennis Camp (12-18 yrs.)
- And more...

Visit <https://apm.activecommunities.com/mammothrecreation/Home> to see our summer listings or to register for a camp. Or contact (760) 965-3699 for more information.

JULY 11 CAMPS & PROGRAMS

As a reminder, the following camps and programs begin next week on July 11:

- Adventure Camp (MiNi'S, Child, Youth)
*FULL-accepting waitlist spaces
- Girl Power Camp (8-14 yrs.)



**spaces still available*

- Youth Tennis Camp (Child & Youth)

**spaces still available*

For information including itineraries, drop off & pick up locations, packing lists, and schedules please visit our website at <https://apm.activecommunities.com/mammothrecreation/Home> and search for the specific camp or program your child is enrolled in.

SENIOR CENTER PROGRAMS AT THE COMMUNITY CENTER

The Parks and Recreation Department is currently offering FREE senior programming every Tuesday and Thursday through July at the Community Center (corner of Minaret and Forest Trail). NEW to the Senior Program is a weekly Field Trip Picnic! The schedule is as follows:

Tuesdays:

- 10:30am – 11:30am: Chair Yoga with Nicole
- 11:30am – 12:30pm: Luncheon (food will be provided)
- 12:30pm – 1:30pm: Art Therapy Activity

Thursdays:

- 10:00am – 1:30pm: Field Trip Picnic (reservations requested; call: 775-450-7986)
- 5:15pm – 6:15pm: Fitness with Dre (plan to wear comfortable clothing and shoes)

For more information contact (760) 965-3699. Additionally, a cancer support group is now forming. For more information please e-mail: annakate.moore@mammothhospital.com

ADULT SUMMER PROGRAM OPENINGS

The Parks & Recreation Department is excited for our Adult Summer Programming! We are currently taking registrations for the following Adult Programs this summer:

- Adult Doubles Tennis Camp & Social II & III
 - *Session II: July 26-28; Session III: August 2-4*
- Adult Drop-in Tennis Sessions (advanced registration not required)
 - *Every Tuesday & Thursday from 3:30-5:30pm*
- Private Tennis Lessons (reservation only)

Visit <https://apm.activecommunities.com/mammothrecreation/Home> to see our summer listings or to register for a program. Or contact (760) 965-3699 for more information.

MAMMOTH RECZONE OPEN EVERY WEEKEND

The Mammoth RecZone is now open every Friday, Saturday, and Sunday nights from 3-9pm for fun on wheels! The facility is an outdoor venue (with shade, lights, and concessions) located in the heart of Mammoth Lakes offering fun on skates, blades, boards, nets, hoops and on ramps. Summer programming includes:

- Friday – Free Admission + \$1.00 Ice Cream Floats!
- Saturday – Free Skate Rental for the 6-9pm Skate Party



- Sunday – Free Hot Dogs + pick-up street hockey

Pricing for the RecZone is as follows:

Admission:

- Adult (16+yrs): \$3
- Youth (5-15 yrs)/Senior (65+)/Military: \$2
- Child (4 and under): FREE with paid adult
- Local Students (with ID): \$2

Skates & Rentals:

- Adult: \$6
- Youth/Senior/Military: \$4
- Child: \$3
- Local Students (with ID): \$2

5 Skate Pass (includes admission & rentals:

- Adult: \$30
- Youth/Senior/Military: \$20
- Child: FREE with paid adult
- Local Students (with ID): \$10

The RecZone is also available by reservation only for party rental Monday-Thursday from 12-9pm and Friday-Sunday from 12-3pm for \$50/hour, or \$200/day. Birthday party package options available for as low as \$7.50/child. Visit www.mammothreczone.com or call (760) 934-2505 for all the details.

WHITMORE POOL OPEN DAILY

The Whitmore Pool is now open 7-days a week with public swimming offered Monday-Friday from 12:30-3:30pm and from 12:00-4:00pm on the weekends. Join us for midweek lap swim, swim lessons, and don't miss our Stroke Improvement Class with Coach Sam every Thursday at 5:30pm. Midweek transit service is also available to the Whitmore Pool/Track – only \$2.00 roundtrip with purchase of \$10 ten-ride pass. The fees for Whitmore Pool use are as follows:

<u>Daily</u>	<u>Season Pass</u>	<u>5 Swim Pass</u>
Adult: \$4.85	Adult: \$140	Adult: \$22.50
Senior/Youth/Military: \$3.10	Senior: \$110	Youth: \$14.25
Child: \$1.80	Youth/Military: \$56.50	Child: \$7.50
Infant: Free w/ Adult purchase	Infant: Free w/ adult purchase	

Infant: Under 1 yr. / Adult: 16+ yrs. Child: 1-6 yrs. / Senior: 65+ yrs. Youth: 7-15 yrs. / Military: With ID

All passes may be purchased at Whitmore Pool. For more information, please contact Lindsey Lyon at (760) 965-3699 or visit <http://www.townofmammothlakes.ca.gov/Facilities/Facility/Details/6>.

CURRENT RECREATION JOB OPPORTUNITIES

- Sports Officials



- Volunteers

Recreation News, Events & Activities in Town...

EASTERN SIERRA RECREATION COLLABORATIVE – NORTHERN GATEWAY COMMUNITIES MEETING

Date: July 11, 2016

Location: June Lake Community Center (90 W. Granite Ave. June Lake, CA)

Type of Event: Public Meeting

Description: Join us on July 11 for the first of three gateway community meetings throughout the Eastern Sierra to help shape the future of recreation on the Inyo National Forest at the June Lake Community Center to focus on the northern gateway communities including Lee Vining, June Lake, and Mammoth Lakes. This meeting is intended to allow participants an opportunity to identify specific issues in the draft alternatives of the Inyo National Forest's Management Plan Update that are unique to their community's sustainable recreation interests and needs.

GIMME SHELTER CARNIVAL

Gimme Shelter is a family-oriented, multi-day carnival in Mammoth Lakes in the Von's parking lot. Children and adults alike can enjoy carnival rides, games, and fun in an alcohol-free setting. A portion of the proceeds goes to Wild Iris's transitional housing program to help victims of domestic violence. Guests are invited to use the free town bus, walk, or bike to the carnival as parking will be limited. Admission is free. The schedule is as follows:

- Friday July 8 - Sunday July 10: 12:00-10:00pm
- Wednesday July 13 – Friday July 15: 4:00-10:00pm
- Saturday July 16 – Sunday July 17: 12:00-10:00pm

JUNE LAKE TRIATHLON JULY 9

Join or watch the "Toughest Race in the Most Beautiful Place" for the June Lake Triathlon. This triathlon brings the triathlon tradition to a majestic alpine setting. Swim in clear and crisp June Lake, bike around the lake basin loop road and run up outrageous trails with spectacular mountain views. Call (760) 717-0176 for more information, or visit <http://highsierratri.org/june-lake-triathlon/>

2016 EASTSIDE VELO GROUP BIKE RIDES

Eastside Velo (the Mammoth Lakes cycling club) has organized their list of group rides in the Eastern Sierra through October. Check below for updated ride schedule! All rides are open to the public and are scheduled as follows:

- 7/17: Triple Bypass
- 7/20: Tour de France Party Night @ Mammoth Brewing Co. & Time Trial #2
- 7/31: June Lake Ride
- 8/14: Reverse Century
- 8/17: Time Trial #3
- 8/28: Juniper Springs Ride
- 9/10: Mammoth Gran Fondo



9/24: Fendon's Pool Party

10/8: Benton Hot Springs Ride

10/22: Bristlecone Ride

Annual membership is \$35 and gives you access to all of the group rides. Non-members are welcome with a \$15 day use charge. Eastside Velo also offers weekly summer training rides every Wednesday at 5:15 pm. The summer training rides will meet at the Green Church (Benton Crossing Road). To RSVP for rides or to find out more information, including information on the Women's Racing & Training Team or Time Trials, visit www.eastsidevelo.org.

WHITE MOUNTAINS EXPLORATION - JULY 9

Come out with Friends of the Inyo and explore the White Mountains Potential Wilderness Additions. The outing will be a strenuous half driving, half hiking tour down Wyman Canyon Road to explore Water, Mill, and Dead Horse Meadows Canyons, which will be access points to potential wilderness additions. The plan is also to stop by the Roberts Ranch to check out the cabins, charcoal kiln, and riparian area. We're calling the trip strenuous because you'll need to be comfortable spending a fair amount of time in a truck on a rough road, and also interested in walking on sandy terrain without a lot of shade (hot hiking). Email info@friendsoftheinyo.org or call (760) 873-6500 with questions or to RSVP.

GUIDED GEOLOGICAL WALK AT DEVIL'S POSTPILE JULY 14

Join the National Park Service for interpretive talks about the mystery of the Postpile origin, and U.S. Geological Survey's California Volcano Observatory efforts in monitoring past, present, and future volcanic unrest in the Long Valley volcanic region. They'll celebrate the newly published USGS map of the Eruptive History of Mammoth Mountain and its Mafic Periphery. Don't miss this celebration of geologic wonders and partnerships in science, education, and public lands with USGS, U.S. Forest Service–Inyo National Forest, and the National Park Service. Event will run from 12:00-1:30pm. Call (760) 934-2289 for more information and meeting location.

CSA AREA 1 SUMMER WELLNESS CLASSES

Mono County Service Area 1 is now offering various wellness classes at the Crowley Lake Community Center. Classes are open to the public and are free for residents living in the district. If you live northwest of the Geothermal Plant and South of Sunnyslopes/Tom's Place then you reside outside of the district and will be required to pay a nominal fee of \$5 per class. Class schedule is as follows:

Cardio Sculpt:

Mondays 5:30-6:30pm

- July 11, 18, 25
- August 1, 8, 15, 22, 29

Mommy Bootcamp:

Tuesdays 10:00-11:00am

- July 12, 19, 26
- August 2, 9, 16, 23, 30

Pilates:

Tuesdays 8:00-9:00am



- July 12, 19, 26
- August 2, 9, 16, 23, 30

Fencing:

Thursdays 6:30-7:45pm

- July 14, 21, 28
- August 4, 11, 18, 25

Yoga:

Thursdays 5:00-6:15pm

- July 14, 21, 28
- August 4, 11, 18, 25

JUNIORS BOWLING WORKSHOP

Mammoth Rock N' Bowl presents a Junior Bowling Workshop every Thursday at noon from July 7 – August 25, 2016. The program includes 2 games with shoes, snacks and drink, and instruction provided by AMF GOLD coach Jeff Moore. Fee is only \$16 per bowler per week. Please contact Mammoth Rock N' Bowl at (760) 934-4200 for information or to register.

SIERRA CLUB EVENTS AND MEETINGS

July - Range of Light Group Outings/Meetings.

July 9 (Saturday): Hike with FOI and ROLG: Hike into Deadhorse Meadow, Wyman Canyon, and possibly climb Blanco Peak. Stay tuned for more detailed info. Contact: Jora (760-873-6500) or jora@friendsoftheinyo.org

July 10 (Sunday): Gem Lakes: Hike Little Lakes Valley to Gem Lakes. 7.7 mile roundtrip. 700' gain, views of Morgan, Bear Creek Spire, Dade, and Abbot Mountains. Will be passing several back-country lakes. Well-behaved dogs welcome. Meet at 7:30am at Mammoth Lakes Union Bank. Contact: Dick and Joanne (760-709-5050) or rhinn@skidmore.edu

July 14 (Thursday): TJ/Barrett Lakes: This easy loop trail hike starts at Lake George and swings around Lake Mary. 4 miles roundtrip. Well-behaved dogs OK. Meet at Mammoth Lakes Union Bank at 4:30pm. Contact: Malcolm (760-924-5639) or WMalcolm.Clark@gmail.com

July 17 (Sunday): Starkweather Wildflower Walk: Hike the Starkweather Trail on this slow-paced, 3 mile wildflower discovery walk down the Starkweather Trail from Minaret Vista to Starkweather Lake. Allow 2-3 hours for this mostly downhill hike to view flowers and learn about distribution of trees by elevation. We will supply hand lenses. Bring \$7.00 for shuttle fee (exact change only). Optional extension: ride the shuttle to Devil's Postpile and hike to Rainbow Falls (4 miles). Meet at 9:00am at the Minaret Vista Kiosk. No dogs. Contact: Jean (760-648-7109) or dillinghamjean@gmail.com

July 19 (Tuesday): Picnic Potluck Supper at McGee Creek: Enjoy the company, spectacular views, and the opportunity to share experiences of the season. Build up an appetite with a walk before dinner to explore geologic features of soaring cliffs surrounding a high desert meadow in McGee Canyon. There are picnic tables and restrooms. Come early or stay late. Dinner begins at 5:30pm. There is adequate parking. Contact: Mike and Mary (805-217-5563)



July 20 (Wednesday): Highway Clean-up: join ROLG on a morning clean-up of our 2 mile section of 395. Meet at 8:00am at Crestview Rest Area (5 miles N of Mammoth Lakes). Vests, hard hats, trash bags, pickers, gloves, and refreshments provided. Contact: Dick and Joanne (760-709-5050) or rhihn@skidmore.edu

July 23 (Saturday): Birding Outing: Local bird expert Steve Brad will lead a morning birding walk in the Mammoth Lakes area. Look for resident birds, migrants, and there may be some surprises. Location to be determined, pending weather conditions and bird activity. Meet at 7:30am at Mammoth Lakes Union Bank. Binoculars necessary. No dogs. Contact: Karen (949-240-3956)

July 24 (Sunday): Budd Lake: Moderate hike, 6+ miles roundtrip; 1600' gain (begins 8565'). We will hike from Tuolumne Meadows along the beautiful Budd Creek gorge on this unmapped, unmaintained trail with views of Unicorn, Cockscomb, and Cathedral Peaks. Wildflowers, granite, and spectacular views. No dogs. Meet at Mammoth Lakes Union Bank at 8:00am or 8:45am at the Ranger Station Hwy 120. Contact: Mauriça (760-932-7175) or Maurica_And@yahoo.com

July 28 (Thursday): Earthquake Fault: Walk with a student of Geology along the route to observe if it is a Fault or a Fissure. Meet at the Earthquake Fault Parking Lot accessed from Hwy 203 (1.8 miles from the stop light at Minaret and Main) at 4:30 pm. All ages welcome. Contact: Mike and Mary (805-217-5563)

July 30 (Saturday): Family Walk: Families meet at Hayden Cabin in Mammoth Lakes at 10:00am to look for stream invertebrates that are food for fish. All ages welcome. Families will walk along the creek for a short outing, before returning to Hayden Cabin picnic area. Bring shoes that can get wet and dry ones for the walk. Prepare for both warm and cool weather. Bring water, along with a picnic lunch. Contact: Jean (760-648-7109) or dillinghamjean@gmail.com

July 31 (Sunday): Fern Lake: The trail leaves from Devil's Postpile parking area, descends 200' to cross King Creek, then climbs 1100' to Fern Lake. Total mileage from Devils Postpile to Fern Lake is around 4.5 miles, roundtrip 9 miles. Lunch will be at Fern Lake, and a short hike around the lake will be offered. Meet at 8:00am at Mammoth Lakes Union Bank and bring \$7 cash or a pass for shuttle. Dogs welcome, a muzzle required for the shuttle trip. There will be excellent views of Snow Canyon and the surrounding area, wildflowers, and swimming is possible in Fern Lake. Contact: Melissa (760-937-0499) or melissas1@verizon.net

For ALL outings: bring water, lunch and snacks, layered clothing, appropriate hiking footwear, hat, sun-screen, bug spray in summer & desired personal items such as cameras, binoculars, and hiking poles. Contact leader for permission to bring your dog. Abominable weather cancels.

Upcoming & On-Going Events...

- ON-GOING Lap Swim at Whitmore Pool
- ON-GOING Adult Stroke Improvement classes at Whitmore Pool
- ON-GOING Senior Program at the Community Center
- July 9 Next Level Basketball Academy I & II
- July 11 Adventure Camp
- July 11 Girl Power Camp
- July 11 Youth Tennis Camp
- July 16 Men's Softball Tournament
- July 18 CSB Soccer Camp
- July 18 Climbing Camp III



- July 20 Wave Rave Skate Camp III
- July 23 Co-ed Softball Tournament
- July 25 Mountain Bike Camp II
- July 25 Wilderness Camp II
- July 26 Adult Tennis Camp & Social