

RECREATION THIS WEEK: July 14, 2016

Parks and Recreation Department News...

CELEBRATE PARK AND RECREATION MONTH!

Since 1985, America has celebrated July as the nation's official Park and Recreation Month. In 2009, the U.S. House of Representatives officially mandated July as "Park and Recreation Month." Hundreds of park and recreation agencies across the United States will celebrate with their communities this month.

"This July, the Town of Mammoth Lakes Parks and Recreation Department is celebrating the *super powers* of parks and recreation and all the ways these community resources add value to our daily lives," stated Stuart Brown, Recreation Manager. "We're challenging everyone to discover their *super powers* at their local parks and recreation facilities whether it's running a mile, building a new network of friends, swinging a bat at Shady Rest Park, or simply hanging out at the Whitmore Pool."

On July 6, the Mammoth Lakes Town Council proclaimed July as Park and Recreation Month. The proclamation affirms that parks and recreation services are vital for our community—from protecting open space and natural resources, to promoting wellness and helping fight obesity, to providing activities and resources for all walks of life—Park and Recreation Month encourages everyone to reflect on the exponential value parks and recreation bring to communities.

"Our mission is to *Change Lives* by connecting with each and every community member through our many fun programs, signature camps and community events" stated Stuart Brown, Town of Mammoth Lakes Recreation Manager. "I invite you to join us today – it will change your life!"

ADULT STROKE IMPROVEMENT CLASS EXTENDED THROUGH JULY

Due to the popularity of our Adult Stroke Improvement Class at the Whitmore Pool, the Parks and Recreation Department has extended the class offering through July 28th. Come out and strengthen your skills with Coach Sam every Thursday evening from 5:30-7:00pm!

ADULT SUMMER PROGRAM OPENINGS

The Parks & Recreation Department is excited for our Adult Summer Programming! We are currently taking registrations for the following Adult Programs this summer:

- Adult Doubles Tennis Camp & Social II & III
*Session II: July 26-28; Session III: August 2-4
- Adult Drop-in Tennis Sessions (advanced registration not required)
*Every Tuesday & Thursday from 3:30-5:30pm
- Private Tennis Lessons (reservation only)

Visit <https://apm.activecommunities.com/mammothrecreation/Home> to see our summer listings or to register for a program. Or contact (760) 965-3699 for more information.

JULY 18 CAMPS & PROGRAMS

As a reminder, the following camps and programs begin next week on July 18:



- CSB Soccer Camp (MiNi'S, Child, Youth)
- Climbing Camp 3 (MiNi'S, Child, Youth)
- Wave Rave Skate Camp 3 (MiNi'S, Child, Youth)

**Begins July 20*

For information including itineraries, drop off & pick up locations, packing lists, and schedules please visit our website at <https://apm.activecommunities.com/mammothrecreation/Home> and search for the specific camp or program your child is enrolled in.

SIGN UP FOR KIDS SUMMERS CAMPS TODAY!

The Parks and Recreation Department is currently taking registrations for our summer camps and programs. Space is still available in the following camps for July and August:

- Aquatics Camp (9-14 yrs.)
- Junior Lifeguard Camp (11-14 yrs.)
- Showboat Youtheater: Annie (4-10 yrs.)
- Showboat Youtheater: Peter Pan (11-18 yrs.)
- Husky Prep Tennis Camp (12-18 yrs.)
- And more...

Visit <https://apm.activecommunities.com/mammothrecreation/Home> to see our summer listings or to register for a camp. Or contact (760) 965-3699 for more information.

MAMMOTH RECZONE OPEN EVERY WEEKEND

The Mammoth RecZone is now open every Friday, Saturday, and Sunday nights from 3-9pm for fun on wheels! The facility is an outdoor venue (with shade, lights, and concessions) located in the heart of Mammoth Lakes offering fun on skates, blades, boards, nets, hoops and on ramps. Summer programming includes:

- Friday – Free Admission + \$1.00 Ice Cream Floats!
- Saturday – Free Skate Rental for the 6-9pm Skate Party
- Sunday – Free Hot Dogs + pick-up street hockey

Pricing for the RecZone is as follows:

Admission:

- Adult (16+yrs): \$3
- Youth (5-15 yrs)/Senior (65+)/Military: \$2
- Child (4 and under): FREE with paid adult
- Local Students (with ID): \$2

Skates & Rentals:

- Adult: \$6
- Youth/Senior/Military: \$4
- Child: \$3



-Local Students (with ID): \$2

5 Skate Pass (includes admission & rentals:

- Adult: \$30
- Youth/Senior/Military: \$20
- Child: FREE with paid adult
- Local Students (with ID): \$10

The RecZone is also available by reservation only for party rental Monday-Thursday from 12-9pm and Friday-Sunday from 12-3pm for \$50/hour, or \$200/day. Birthday party package options available for as low as \$7.50/child. Visit www.mammothreczone.com or call (760) 934-2505 for all the details.

WHITMORE POOL OPEN DAILY

The Whitmore Pool is now open 7-days a week with public swimming offered Monday-Friday from 12:30-3:30pm and from 12:00-4:00pm on the weekends. Join us for midweek lap swim, swim lessons, and don't miss our Stroke Improvement Class with Coach Sam every Thursday at 5:30pm. Midweek transit service is also available to the Whitmore Pool/Track – only \$2.00 roundtrip with purchase of \$10 ten-ride pass. The fees for Whitmore Pool use are as follows:

<u>Daily</u>	<u>Season Pass</u>	<u>5 Swim Pass</u>
Adult: \$4.85	Adult: \$140	Adult: \$22.50
Senior/Youth/Military: \$3.10	Senior: \$110	Youth: \$14.25
Child: \$1.80	Youth/Military: \$56.50	Child: \$7.50
Infant: Free w/ Adult purchase	Infant: Free w/ adult purchase	

Infant: Under 1 yr. / Adult: 16+ yrs. Child: 1-6 yrs. / Senior: 65+ yrs. Youth: 7-15 yrs. / Military: With ID

All passes may be purchased at Whitmore Pool. For more information, please contact Lindsey Lyon at (760) 965-3699 or visit <http://www.townofmammothlakes.ca.gov/Facilities/Facility/Details/6>.

CURRENT RECREATION JOB OPPORTUNITIES

- Sports Officials
- Volunteers

Recreation News, Events & Activities in Town...

MCGEE CREEK BEAVER POND TOUR JULY 15

Join your local ESIA interpretive guide for a day hike up to the beaver ponds at McGee Creek. Upon arrival to the ponds, you will learn about the history and life of this majestic animal. Please meet at 9:30am at the McGee Creek trailhead. This is a six mile round trip (moderate) hike that will last approximately three hours.

HEART LAKE WILDFLOWER HIKE JULY 16

Have a love of wildflowers? Join the Eastern Sierra Interpretive Association for a day of wildflower identification! Meet at the Heart Lake trail head located at the end of the Coldwater Campground at 10:30am. This trail is a moderate level two mile hike. Bring plenty of water.



FULL MOON NIGHT HIKE TO PANORAMA DOME JULY 19

Join the Eastern Sierra Interpretive Association for an evening under the night sky. Please meet at the Panorama Dome trailhead at 8:30pm. This hike is a moderate 1 mile hike. Tour will take approximately 1.5 hours. Please bring a headlamp, water, and warm layers!

EASTERN SIERRA RECREATION COLLABORATIVE – NORTHERN GATEWAY COMMUNITIES MEETING

Event: Eastern Sierra Recreation Collaborative – Central Gateway Communities Meeting

Date: July 18, 2016

Location: Bishop, CA

Tallman Pavilion, Tri-County Fairgrounds

Sierra Street & Fair Dr. Bishop, CA 93514

Type of Event: Public Meeting

Description: Join us on July 18 for the second of three gateway community meetings throughout the Eastern Sierra to help shape the future of recreation on the Inyo National Forest at the Tallman Pavilion to focus on the central gateway communities including Swall Meadows, Round Valley, Bishop, and Wilkerson. This meeting is intended to allow participants an opportunity to identify specific issues in the draft alternatives of the Inyo National Forest’s Management Plan Update that are unique to their community’s sustainable recreation interests and needs.

2016 EASTSIDE VELO GROUP BIKE RIDES

Eastside Velo (the Mammoth Lakes cycling club) has organized their list of group rides in the Eastern Sierra through October. Check below for ride schedule. All rides are open to the public and are scheduled as follows:

- 7/17: Triple Bypass (meet at Crowley Lake Park at 9:00am)
- 7/20: Tour de France Party Night @ Mammoth Brewing Co. & Time Trial #2
- 7/31: June Lake Ride
- 8/14: Reverse Century
- 8/17: Time Trial #3
- 8/28: Juniper Springs Ride
- 9/10: Mammoth Gran Fondo
- 9/24: Fendon’s Pool Party
- 10/8: Benton Hot Springs Ride
- 10/22: Bristlecone Ride

Tour de France Night @ Mammoth Brewery

Wednesday, July 20th

Time: 5:30pm (Bike Time Trial)/7:00pm Viewing Party

All Events Free & Open to the Public

Please join us for the Tour de France Night at Mammoth Brewing Company presented by Eastside Velo, Sierra Eastside Mountain Bike Association, and the High Sierra Tri Club.

About the Ride: This night kicks off with a time trial on the road. Gather at 5:30pm in the parking lot and we will head out to the Scenic Loop together. We will ride down the Scenic Loop and gather at the bottom where it meets 395. The time trial will run back up the Scenic Loop. 5.5 Miles & 909 Feet of Climbing!

About the Party: The viewing party is free and open to the public! We will show a recording of the day’s stage (Stage 17—Mountain Stage Berne/Finhaut-Emosson) at 7:00pm upstairs on the big screen! Order up great food from The Eatery and all Mammoth Brewing Beers are \$1 Off. Awards from the Time Trial will be given.



Annual membership is \$35 and gives you access to all of the group rides. Non-members are welcome with a \$15 day use charge. Eastside Velo also offers weekly summer training rides every Wednesday at 5:15 pm. The



summer training rides will meet at the Green Church (Benton Crossing Road). To RSVP for rides or to find out more information, including information on the Women's Racing & Training Team or Time Trials, visit www.eastsidevelo.org.

SIERRA CLUB EVENTS AND MEETINGS

July - Range of Light Group Outings/Meetings.

July 17 (Sunday): Starkweather Wildflower Walk: Hike the Starkweather Trail on this slow-paced, 3 mile wildflower discovery walk down the Starkweather Trail from Minaret Vista to Starkweather Lake. Allow 2-3 hours for this mostly downhill hike to view flowers and learn about distribution of trees by elevation. We will supply hand lenses. Bring \$7.00 for shuttle fee (exact change only). Optional extension: ride the shuttle to Devil's Postpile and hike to Rainbow Falls (4 miles). Meet at 9:00am at the Minaret Vista Kiosk. No dogs. Contact: Jean (760-648-7109) or dillinghamjean@gmail.com

July 19 (Tuesday): Picnic Potluck Supper at McGee Creek: Enjoy the company, spectacular views, and the opportunity to share experiences of the season. Build up an appetite with a walk before dinner to explore geologic features of soaring cliffs surrounding a high desert meadow in McGee Canyon. There are picnic tables and restrooms. Come early or stay late. Dinner begins at 5:30pm. There is adequate parking. Contact: Mike and Mary (805-217-5563)

July 20 (Wednesday): Highway Clean-up: join ROLG on a morning clean-up of our 2 mile section of 395. Meet at 8:00am at Crestview Rest Area (5 miles N of Mammoth Lakes). Vests, hard hats, trash bags, pickers, gloves, and refreshments provided. Contact: Dick and Joanne (760-709-5050) or rhihn@skidmore.edu

July 23 (Saturday): Birding Outing: Local bird expert Steve Brad will lead a morning birding walk in the Mammoth Lakes area. Look for resident birds, migrants, and there may be some surprises. Location to be determined, pending weather conditions and bird activity. Meet at 7:30am at Mammoth Lakes Union Bank. Binoculars necessary. No dogs. Contact: Karen (949-240-3956)

July 24 (Sunday): Budd Lake: Moderate hike, 6+ miles roundtrip; 1600' gain (begins 8565'). We will hike from Tuolumne Meadows along the beautiful Budd Creek gorge on this unmapped, unmaintained trail with views of Unicorn, Cockscomb, and Cathedral Peaks. Wildflowers, granite, and spectacular views. No dogs. Meet at Mammoth Lakes Union Bank at 8:00am or 8:45am at the Ranger Station Hwy 120. Contact: Mauriça (760-932-7175) or Maurica_And@yahoo.com

July 28 (Thursday): Earthquake Fault: Walk with a student of Geology along the route to observe if it is a Fault or a Fissure. Meet at the Earthquake Fault Parking Lot accessed from Hwy 203 (1.8 miles from the stop light at Minaret and Main) at 4:30 pm. All ages welcome. Contact: Mike and Mary (805-217-5563)

July 30 (Saturday): Family Walk: Families meet at Hayden Cabin in Mammoth Lakes at 10:00am to look for stream invertebrates that are food for fish. All ages welcome. Families will walk along the creek for a short outing, before returning to Hayden Cabin picnic area. Bring shoes that can get wet and dry ones for the walk. Prepare for both warm and cool weather. Bring water, along with a picnic lunch. Contact: Jean (760-648-7109) or dillinghamjean@gmail.com



July 31 (Sunday): Fern Lake: The trail leaves from Devil's Postpile parking area, descends 200' to cross King Creek, then climbs 1100' to Fern Lake. Total mileage from Devils Postpile to Fern Lake is around 4.5 miles, roundtrip 9 miles. Lunch will be at Fern Lake, and a short hike around the lake will be offered. Meet at 8:00am at Mammoth Lakes Union Bank and bring \$7 cash or a pass for shuttle. Dogs welcome, a muzzle required for the shuttle trip. There will be excellent views of Snow Canyon and the surrounding area, wildflowers, and swimming is possible in Fern Lake. Contact: Melissa (760-937-0499) or melissas1@verizon.net

For ALL outings: bring water, lunch and snacks, layered clothing, appropriate hiking footwear, hat, sun-screen, bug spray in summer & desired personal items such as cameras, binoculars, and hiking poles. Contact leader for permission to bring your dog. Abominable weather cancels.

GIMME SHELTER CARNIVAL

Gimme Shelter is a family-oriented, multi-day carnival in Mammoth Lakes in the Von's parking lot. Children and adults alike can enjoy carnival rides, games, and fun in an alcohol-free setting. A portion of the proceeds goes to Wild Iris's transitional housing program to help victims of domestic violence. Guests are invited to use the free town bus, walk, or bike to the carnival as parking will be limited. Admission is free. The schedule is as follows:

- Wednesday July 13 – Friday July 15: 4:00-10:00pm
- Saturday July 16 – Sunday July 17: 12:00-10:00pm

CSA AREA 1 SUMMER WELLNESS CLASSES

Mono County Service Area 1 is now offering various wellness classes at the Crowley Lake Community Center. Classes are open to the public and are free for residents living in the district. If you live northwest of the Geothermal Plant and South of Sunnyslopes/Tom's Place then you reside outside of the district and will be required to pay a nominal fee of \$5 per class. Class schedule is as follows:

Cardio Sculpt:

Mondays 5:30-6:30pm

- July 18, 25
- August 1, 8, 15, 22, 29

Mommy Bootcamp:

Tuesdays 10:00-11:00am

- July 19, 26
- August 2, 9, 16, 23, 30

Pilates:

Tuesdays 8:00-9:00am

- July 19, 26
- August 2, 9, 16, 23, 30

Fencing:

Thursdays 6:30-7:45pm

- July 21, 28
- August 4, 11, 18, 25



Yoga:

Thursdays 5:00-6:15pm

- July 21, 28
- August 4, 11, 18, 25

JUNIORS BOWLING WORKSHOP

Mammoth Rock N' Bowl presents a Junior Bowling Workshop every Thursday at noon from July 7 – August 25, 2016. The program includes 2 games with shoes, snacks and drink, and instruction provided by AMF GOLD coach Jeff Moore. Fee is only \$16 per bowler per week. Please contact Mammoth Rock N' Bowl at (760) 934-4200 for information or to register.

Upcoming & On-Going Events...

- ON-GOING Lap Swim at Whitmore Pool
- ON-GOING Adult Stroke Improvement classes at Whitmore Pool
- July 16 Men's Softball Tournament
- July 18 CSB Soccer Camp
- July 18 Climbing Camp III
- July 20 Wave Rave Skate Camp III
- July 23 Co-ed Softball Tournament
- July 25 Mountain Bike Camp II
- July 25 Wilderness Camp II
- July 26 Adult Tennis Camp & Social