

RECREATION THIS WEEK: August 19, 2016

Parks and Recreation Department News...

ADULT CO-ED DODGEBALL LEAGUE BEGINS SEPTEMBER 7

Starting September 7, drop by the RecZone (next to the library) to show off your dodgeball skills in our Adult Co-ed Dodgeball League. The program will run every Monday and Wednesday from 5:30-7:00pm. The fee per team is \$94 if you register at least ten days before the start of the program, or \$113 per team during regular registration. This is an exciting program, and is a great way to relieve some stress after a very busy summer season here in Mammoth Lakes. Stay tuned for more details!

ZUMBA RETURNS SEPTEMBER 13

Starting September 13, Zumba will return to the Community Center (on the corner of Forest Trail and Minaret Road) with instructor Kaysie Williams! This fun and upbeat program is a great way to add cardio to your day, and is a great fit for anyone looking for alternative workout solutions. Zumba is a dance based workout, allowing you to burn calories while getting your groove on. The program will run every Tuesday from 5:30-6:30pm for teens and adults. The fee for the class is a \$4 drop in fee per class, and advanced registration is not required.

ADULT TENNIS PROGRAM

Tennis is in full swing. Stop by the Community Center courts to improve your skills with tennis pro Kyle Osland.

- Adult Drop-in Tennis Sessions (advanced registration not required)
*Every Tuesday & Thursday from 3:30-5:30pm
- Private Tennis Lessons (reservation only)

Visit <https://apm.activecommunities.com/mammothrecreation/Home> to see our summer listings or to register for a program. Or contact (760) 965-3699 for more information.

WHITMORE POOL OPEN DAILY

The Whitmore Pool is now open 7-days a week with public swimming offered Monday-Friday from 12:30-3:30pm and from 12:00-4:00pm on the weekends. **Public swimming will end for the season on August 27.** Join us for midweek lap swim before summer ends! **Lap Swim will end for the season on September 2.**

Daily

Adult: \$4.85

Senior/Youth/Military: \$3.10

Child: \$1.80

Infant: Free w/ Adult purchase

Season Pass

Adult: \$140

Senior: \$110

Youth/Military: \$56.50

Infant: Free w/ adult purchase

5 Swim Pass

Adult: \$22.50

Youth: \$14.25

Child: \$7.50

Infant: Under 1 yr. / Adult: 16+ yrs. Child: 1-6 yrs. / Senior: 65+ yrs. Youth: 7-15 yrs. / Military: With ID

All passes may be purchased at Whitmore Pool. For more information, please contact Lindsey Lyon at (760) 965-3699 or visit <http://www.townofmammothlakes.ca.gov/Facilities/Facility/Details/6>.



MAMMOTH RECZONE OPEN EVERY WEEKEND

The Mammoth RecZone is now open every Friday, Saturday, and Sunday nights from 3-9pm for fun on wheels! The facility is an outdoor venue (with shade, lights, and concessions) located in the heart of Mammoth Lakes offering fun on skates, blades, boards, nets, hoops and on ramps. Summer programming includes:

- Friday – Free Admission + \$1.00 Ice Cream Floats!
- Saturday – Free Skate Rental for the 6-9pm Skate Party
- Sunday – Free Hot Dogs + pick-up street hockey

Pricing for the RecZone is as follows:

Admission:

- Adult (16+yrs): \$3
- Youth (5-15 yrs)/Senior (65+)/Military: \$2
- Child (4 and under): FREE with paid adult
- Local Students (with ID): \$2

Skates & Rentals:

- Adult: \$6
- Youth/Senior/Military: \$4
- Child: \$3
- Local Students (with ID): \$2

5 Skate Pass (includes admission & rentals:

- Adult: \$30
- Youth/Senior/Military: \$20
- Child: FREE with paid adult
- Local Students (with ID): \$10

The RecZone is also available by reservation only for party rental Monday-Thursday from 12-9pm and Friday-Sunday from 12-3pm for \$50/hour, or \$200/day. Birthday party package options available for as low as \$7.50/child. Visit www.mammothreczone.com or call (760) 934-2505 for all the details.

CURRENT RECREATION JOB OPPORTUNITIES

- Recreation Supervisor
- Volunteers

Recreation News, Events & Activities in Town...

LAST CHANCE TO REGISTER FOR AYSO AUGUST 19

Head to the Mammoth Lakes Library on Friday, August 19 for the final opportunity to register your child for Mammoth AYSO. Registration will take place from 3:00-6:30pm.



SHAKESPEARE IN THE WOODS FINAL WEEKEND

Don't miss the comedy and drama of "The Merchant of Venice," presented by Sierra Classic Theatre with support from The Town of Mammoth Lakes and Measure U. Two weekends only: August 11-14 and 18-21 (Thurs-Sun). Event will run at 6:00pm at Sam's Woodsite. More info at sierraclassictheatre.com and [Facebook.com/SierraClassicTheatre](https://www.facebook.com/SierraClassicTheatre).

CAMPFIRE PROGRAM FRIDAYS AT NEW SHADY REST PARK

Join a local naturalist for a fun, family-friendly evening program at New Shady Rest Campground on topics ranging from Eastern Sierra wildlife to the night sky. Meet at the campground amphitheater. All are welcome and it's free! The program runs every Friday through September 2, 2016 from 7:00-8:00pm.

PARKER LAKE EXPLORATION HIKE AUGUST 20

The Eastern Sierra Interpretive Association invites you to join us for a day of exploration and adventure as we hike to the magnificent Parker Lake! On this moderate four mile hike we will dive into the history of the Sierra Nevada and explore the local flora and fauna that thrive all around us. Please meet at 9:30am at the Parker Lake trail head located at the end of Parker Lake road which can be accessed from the June Lake Loop. Bring plenty of water and a snack!

BODIE BOWL ANNUAL MOUNTAIN BIKE EVENT AUGUST 21

The Bodie Bowl is a mountain bike event through the historic ghost/mining town of Bodie, CA and the surrounding Bodie Bowl. This course works its way through town and then out into BLM land and a private cattle range offering great views of the surrounding mountains. The Expert/Sport course will be 50k and 2,500 feet of climbing, and the Recreational course will be 30k. More information available at:

<http://www.bodiebowl.com/>

HUMPHREYS BASIN VOLUNTEER PROJECT

Join Friends of the Inyo and the Sierra National Forest in the John Muir Wilderness, just over Piute Pass, for a multi-day wilderness restoration project. Help protect crucial riparian habitat at Golden Trout Lake by restoring campsites that infringe upon their habitat. Expect a moderate hike in, three days of work, pack support for tools and food, and beautiful views of the backside of Mt. Humphreys. Space is limited.

To RSVP or for more info: call (760) 873-6500 or email info@friendsoftheinyo.org

Details: This is a great opportunity for volunteers to give back and enjoy a beautiful place in the John Muir Wilderness. Volunteers will work with Friends of the Inyo staff and Sierra National Forest Wilderness Rangers to restore campsites at Lower Golden Trout Lake to protect riparian habitat. Work will include burying of rocks to curb tent placement, de-compaction of soil to re-vegetate the site, and placement of duff, small branches, and rocks to disguise previous use. There should be some free time in the afternoons and evenings for exploration, fishing, and swimming.

Volunteers should be physically fit and capable of hiking and working at high elevations. Volunteers should be prepared for mountain weather, including sun, bugs, and afternoon thunderstorms. Friends of the Inyo staff and SNF Wilderness Rangers will have backcountry first aid training and first aid kits. While there will be pack stock support for food and tools, volunteers will carry their own gear. Volunteers need to have their own backpacking gear, although near the beginning of the trip it may be possible to coordinate among volunteers the sharing of communal equipment like stoves and fuel.



Tuesday August 23: Meet at the North Lake Trailhead. Hike over Piute Pass to Golden Trout Lake. Approximately 2,000 foot gain and 7 miles to Golden Trout Lake.

Wednesday August 24- Friday August 26: Conduct restoration work at Golden Trout Lake

Saturday, August 27: Hike back to the trailhead at North Lake.

SIERRA CLUB EVENTS AND MEETINGS

August - Range of Light Group Outings/Meetings.

August 21 (Sunday): Gaylor and Granite Lakes Loop – Yosemite: 6 miles roundtrip with 1600’ gain. High alpine lakes with gorgeous views west, wild flowers, and old mine ruins. No dogs. Meet at 8:00am at Mammoth Lakes Union Bank or 8:45am at the ranger station HWY 120. Contact: Mauriça Anderson (760-932-7175) or Maurica_And@yahoo.com

August 25 (Thursday): Lake and Mine Walk: 2 miles roundtrip. Take a gradually rising trail from Coldwater Campground to Heart Lake and explore remains of mining camps along the way. Meet at the Coldwater Parking area at 4:30pm (near the Consolidated Mine trailhead). Further information: Mike and Mary (805-217-5563)

August 28 (Sunday): Women’s Fun Outing and After-Hike Get-Together. Destination TBA. Contact: Joanne (760-709-5050) or jhphotos73@gmail.com

For ALL outings: bring water, lunch and snacks, layered clothing, appropriate hiking footwear, hat, sun-screen, bug spray in summer & desired personal items such as cameras, binoculars, and hiking poles. Contact leader for permission to bring your dog. Abominable weather cancels.

CSA AREA 1 SUMMER WELLNESS CLASSES

Mono County Service Area 1 is now offering various wellness classes at the Crowley Lake Community Center. Classes are open to the public and are free for residents living in the district. If you live northwest of the Geothermal Plant and South of Sunnyslopes/Tom’s Place then you reside outside of the district and will be required to pay a nominal fee of \$5 per class. Class schedule is as follows:

Cardio Sculpt:

Mondays 5:30-6:30pm

- August 22, 29

Mommy Bootcamp:

Tuesdays 10:00-11:00am

- August 23, 30

Pilates:

Tuesdays 8:00-9:00am

- August 23, 30



Fencing:

Thursdays 6:30-7:45pm

- August 25

Yoga:

Thursdays 5:00-6:15pm

- August 25

WEDNESDAY NIGHT LADIES NIGHT RIDE AND HAPPY HOUR

Ride in the park with just the ladies every Wednesday this summer, and improve your two-wheel skills while you're at it with a 2-hour lesson. Bike rentals available. Meet at 4:00pm in front of the Adventure Center. Mammoth Mountain recommends parking a car at The Village at Mammoth and hopping on the 3:45 pm shuttle. Rentals are available at the Mountain Center in The Village and at the Adventure Center at Main Lodge. Event runs every Wednesday in August from 4:00-6:30pm. Visit mammothmountain.com for more information.

JUNIORS BOWLING WORKSHOP

Mammoth Rock N' Bowl presents a Junior Bowling Workshop every Thursday at noon from July 7 – August 25, 2016. The program includes 2 games with shoes, snacks and drink, and instruction provided by AMF GOLD coach Jeff Moore. Fee is only \$16 per bowler per week. Please contact Mammoth Rock N' Bowl at (760) 934-4200 for information or to register.

2016 EASTSIDE VELO GROUP BIKE RIDES

Eastside Velo (the Mammoth Lakes cycling club) has organized their list of group rides in the Eastern Sierra through October. Check below for ride schedule. All rides are open to the public and are scheduled as follows:

- 8/28: Juniper Springs Ride
- 9/10: Mammoth Gran Fondo
- 9/24: Fendon's Pool Party
- 10/8: Benton Hot Springs Ride
- 10/22: Bristlecone Ride

Annual membership is \$35 and gives you access to all of the group rides. Non-members are welcome with a \$15 day use charge. Eastside Velo also offers weekly summer training rides every Wednesday at 5:15 pm. The summer training rides will meet at the Green Church (Benton Crossing Road). To RSVP for rides or to find out more information, including information on the Women's Racing & Training Team or Time Trials, visit www.eastsidevelo.org.

FREE ENTRANCE DAYS IN THE NATIONAL PARKS

The National Park Service turns 100 years old in 2016 and wants you to join the party. On 6 more days in 2016, all National Park Service sites that charge an entrance fee will offer free admission to everyone.

- August 25-28
- September 24
- November 11



DEVIL'S POSTPILE FOUNDER'S DAY CELEBRATION WEEKEND STEWARDSHIP EVENT AUGUST 27

Join Friends of the Inyo and the National Park Service in celebrating the National Park Service's Centennial with a volunteer stewardship event at Devil's Postpile National Monument. Come out and celebrate Devil's Postpile by helping out with restoration projects.

Each volunteer gets a free shuttle pass, breakfast, lunch, and a raffle ticket. Catch the 8:00am shuttle at the Adventure Center at the Main Lodge. Event starts at 9:00am at the amphitheater behind the Ranger Station.

SECOND ANNUAL QUILTERS AND CRAFTERS RETREAT AUGUST 26-28

Do you have a project to complete? Quilting, sewing, embroidery, scrapbooking, and other crafts are welcome. Bring your current favorite project to complete. You may also take hikes and enjoy the beauty and peace of the beautiful eastern side of the Sierra Nevada. Special events include a welcome reception, vendor fair, massage therapy, patchwork garden, and drawings for gifts all weekend. Event begins at 10:00am on Friday, August 26 and runs through 1:00pm on Sunday, August 28 at the Sierra Outdoor Adventure Center in Big Pine, CA. Fee for the retreat is \$225.00 and includes meals and lodging and benefits CASA (Court Appointed Special Advocates for Children). For more information please contact Ginnie Bird at gbird@wild-iris.org or Lisa Reel at lreel@wild-iris.org.

KIDS ADVENTURE GAMES AUGUST 26-27

The Kids Adventure Games offer children ages 6–14 an opportunity to experience the thrill of adventure racing. Kids learn teamwork skills, have fun and build confidence in a one-of-a-kind outdoor experience created just for them. During the race, teams of two will work together to navigate a variety of sports and problem-solving challenges before crossing the finish line.

Registration:

Sign up at MammothMountain.com/KAG. For a limited time use promo code MAMMOTH16 at checkout to save \$30 on a team entry fee. A portion of the proceeds from entries will benefit the Mammoth Mountain Community Foundation.

More info:

<http://www.mammothmountain.com/summer/things-to-do/events/event-detail?url=mammoth-kids-adventure-games>

GREAT ANNUAL ROTARY DUCKY DERBY COMMUNITY FUNDRAISER

On October 2, thousands of rubber duckies will race down Bishop Creek through the park competing for a grand prize of \$1,000. Community members can purchase duck tickets for a chance to win, and all are invited to this fun event. The event is hosted by Bishop Rotary, a community service club, in conjunction with local schools and organizations. Money from ticket sales will fund your club or Bishop Rotary projects such as scholarships, financial literacy education for students, and other service efforts.

Bishop Rotary invites local not-for-profit organizations, such as schools, school clubs, and athletic teams, and other service clubs, to sell tickets to the Ducky Derby as a 50/50 fundraiser. For example, for every \$10 duck ticket a high school student sells, that student's school club keeps \$5, and Rotary receives the other \$5 for use in future community projects. Not-for-profit organizations interested in selling duck tickets and participating in this 50/50 fundraiser should contact Robert Atlee at rdatlee@aol.com or call (760) 914-1695.



Community members interested in purchasing individual duck tickets can do so online, from Bishop Rotary members, the Bishop Chamber of Commerce, Visitor Center at Bishop City Park, and a variety of other organizations.

Upcoming & On-Going Events...

- ON-GOING Lap Swim at Whitmore Pool
- Sept 7 Adult Co-ed Dodgeball League
- Sept 13 Zumba returns!
- Sept 11 Drop-in Street Hockey