

## RECREATION THIS WEEK: August 25, 2016

### Parks and Recreation Department News...

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#### **RECREATION THIS WEEK SWITCHING GEARS**

Things are winding down for the summer, as is our Recreation This Week newsletter. Recreation This Week will switch gears after this week's edition, and will now be comprised of a short letter about our department's upcoming programs. We will see you next summer for the extended version!

#### **WHITMORE POOL CLOSING SOON**

**Public swim will end for the season this Saturday, August 27.** Join us for public swim from 12:30-3:30pm on Friday the 26th, and 12:00-4:00pm on Saturday the 27th. Join us next week for lap swim before summer ends!  
**Lap Swim will end for the season on September 2.** Lap swim runs Monday-Friday from 6:30-8:30am and Tuesday/Thursday from 5:30-7:00pm.

<u>Daily</u>	<u>5 Swim Pass</u>
Adult: \$4.85	Adult: \$22.50
Senior/Youth/Military: \$3.10	Youth: \$14.25
Child: \$1.80	Child: \$7.50
Infant: Free w/ Adult purchase	

*Infant: Under 1 yr. / Adult: 16+ yrs. Child: 1-6 yrs. / Senior: 65+ yrs. Youth: 7-15 yrs. / Military: With ID*

All passes may be purchased at Whitmore Pool. For more information, please contact Lindsey Lyon at (760) 965-3699 or visit <http://www.townofmammothlakes.ca.gov/Facilities/Facility/Details/6>.

#### **ADULT CO-ED DODGEBALL LEAGUE BEGINS SEPTEMBER 7**

Starting September 7, drop by the RecZone (next to the library) to show off your dodgeball skills in our Adult Co-ed Dodgeball League. The program will run every Monday and Wednesday from 5:30-7:00pm. The fee per team is \$94 if you register at least ten days before the start of the program, or \$113 per team during regular registration. This is an exciting program, and is a great way to relieve some stress after a very busy summer season here in Mammoth Lakes. Stay tuned for more details!

#### **ZUMBA RETURNS SEPTEMBER 13**

Starting September 13, Zumba will return to the Community Center (on the corner of Forest Trail and Minaret Road) with instructor Kaysie Williams! This fun and upbeat program is a great way to add cardio to your day, and is a great fit for anyone looking for alternative workout solutions. Zumba is a dance based workout, allowing you to burn calories while getting your groove on. The program will run every Tuesday from 5:30-6:30pm for teens and adults. The fee for the class is a \$4 drop in fee per class, and advanced registration is not required.

#### **ADULT TENNIS PROGRAM**

Tennis is in full swing. Stop by the Community Center courts to improve your skills with tennis pro Kyle Osland.

- Adult Drop-in Tennis Sessions (advanced registration not required)  
\*Every Tuesday & Thursday from 3:30-5:30pm



- Private Tennis Lessons (reservation only)

Visit <https://apm.activecommunities.com/mammothrecreation/Home> to see our summer listings or to register for a program. Or contact (760) 965-3699 for more information.

### **MAMMOTH RECZONE OPEN EVERY WEEKEND**

The Mammoth RecZone is now open every Friday, Saturday, and Sunday nights from 3-9pm for fun on wheels! The facility is an outdoor venue (with shade, lights, and concessions) located in the heart of Mammoth Lakes offering fun on skates, blades, boards, nets, hoops and on ramps. Summer programming includes:

- Friday – Free Admission + \$1.00 Ice Cream Floats!
- Saturday – Free Skate Rental for the 6-9pm Skate Party
- Sunday – Free Hot Dogs + pick-up street hockey

Pricing for the RecZone is as follows:

#### Admission:

- Adult (16+yrs): \$3
- Youth (5-15 yrs)/Senior (65+)/Military: \$2
- Child (4 and under): FREE with paid adult
- Local Students (with ID): \$2

#### Skates & Rentals:

- Adult: \$6
- Youth/Senior/Military: \$4
- Child: \$3
- Local Students (with ID): \$2

#### 5 Skate Pass (includes admission & rentals:

- Adult: \$30
- Youth/Senior/Military: \$20
- Child: FREE with paid adult
- Local Students (with ID): \$10

The RecZone is also available by reservation only for party rental Monday-Thursday from 12-9pm and Friday-Sunday from 12-3pm for \$50/hour, or \$200/day. Birthday party package options available for as low as \$7.50/child. Visit [www.mammothreczone.com](http://www.mammothreczone.com) or call (760) 934-2505 for all the details.

### **CURRENT RECREATION JOB OPPORTUNITIES**

- Recreation Supervisor
- Volunteers

## Recreation News, Events & Activities in Town...

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### **FREE ENTRANCE DAYS IN THE NATIONAL PARKS**

The National Park Service turns 100 years old in 2016 and wants you to join the party. On 6 more days in 2016, all National Park Service sites that charge an entrance fee will offer free admission to everyone.

August 25-28

September 24

November 11

### **CAMPFIRE PROGRAM FRIDAYS AT NEW SHADY REST PARK**

Join a local naturalist for a fun, family-friendly evening program at New Shady Rest Campground on topics ranging from Eastern Sierra wildlife to the night sky. Meet at the campground amphitheater. All are welcome and it's free! The program runs every Friday through September 2, 2016 from 7:00-8:00pm.

### **INYO CRATERS HIKE AUGUST 26**

The Eastern Sierra has some of the most concentrated volcanic features in the country! Join an interpretive guide as we explore this ever changing landscape. On this moderate two mile hike we will break down several volcanic features in order to understand the processes that have (and continue to!) taken place in order to sculpt this beautiful terrain. Please meet at the Inyo Craters trail head at 10:00am. Bring plenty of water, a snack, and durable hiking shoes/boots.

### **STARGAZING AT MINARET VISTA AUGUST 26**

Join Devils Postpile rangers at the Minaret Vista Overlook at 8:30pm on August 26 for an evening of night sky exploration and storytelling. During this hour long program visitors will marvel at the night sky through telescopes, hear stories about the stars, and learn about how to protect this valuable resource. Dress warmly and bring a flashlight. (Flashlights with a red light option are best!) The National Park Service is celebrating 100 years of helping to preserve special places, including those that boast starry night skies. The Minaret Vista is an excellent place to explore the night sky; Mammoth Lakes ensures stargazers will have thousands of stars to discover by regulating light pollution in the town. Come out to explore the brilliance of the night sky!

### **KIDS ADVENTURE GAMES AUGUST 26-27**

The Kids Adventure Games offer children ages 6–14 an opportunity to experience the thrill of adventure racing. Kids learn teamwork skills, have fun and build confidence in a one-of-a-kind outdoor experience created just for them. During the race, teams of two will work together to navigate a variety of sports and problem-solving challenges before crossing the finish line.

Registration:

Sign up at [MammothMountain.com/KAG](http://MammothMountain.com/KAG). For a limited time use promo code MAMMOTH16 at checkout to save \$30 on a team entry fee. A portion of the proceeds from entries will benefit the Mammoth Mountain Community Foundation.

More info:

<http://www.mammothmountain.com/summer/things-to-do/events/event-detail?url=mammoth-kids-adventure-games>



## **SECOND ANNUAL QUILTERS AND CRAFTERS RETREAT AUGUST 26-28**

Do you have a project to complete? Quilting, sewing, embroidery, scrapbooking, and other crafts are welcome. Bring your current favorite project to complete. You may also take hikes and enjoy the beauty and peace of the beautiful eastern side of the Sierra Nevada. Special events include a welcome reception, vendor fair, massage therapy, patchwork garden, and drawings for gifts all weekend. Event begins at 10:00am on Friday, August 26 and runs through 1:00pm on Sunday, August 28 at the Sierra Outdoor Adventure Center in Big Pine, CA. Fee for the retreat is \$225.00 and includes meals and lodging and benefits CASA (Court Appointed Special Advocates for Children). For more information please contact Ginnie Bird at [gbird@wild-iris.org](mailto:gbird@wild-iris.org) or Lisa Reel at [lreel@wild-iris.org](mailto:lreel@wild-iris.org).

## **DEVIL'S POSTPILE FOUNDER'S DAY CELEBRATION WEEKEND STEWARDSHIP EVENT AUGUST 27**

Join Friends of the Inyo and the National Park Service in celebrating the National Park Service's Centennial with a volunteer stewardship event at Devil's Postpile National Monument. Come out and celebrate Devil's Postpile by helping out with restoration projects.

Each volunteer gets a free shuttle pass, breakfast, lunch, and a raffle ticket. Catch the 8:00am shuttle at the Adventure Center at the Main Lodge. Event starts at 9:00am at the amphitheater behind the Ranger Station.

## **ANNUAL WAVE RAVE SKATE COMPETITION AUGUST 27**

This Saturday everyone is invited to spend the day at the Volcom Brothers Skate Park and participate in the 18th annual Wave Rave Skate Competition. If your child attended a Wave Rave Skate Camp this summer then they have what it takes to compete! Registration is free and takes place at 8:00am with the first event kicking off at 9:00am. There are two events, street and bowl. Sign up for both, this is a FREE event! There will be prizes, giveaways and fun for all ages! Music will be provided by DJ RNDM.

## **MAMMOTH CREST ADVENTURE HIKE AUGUST 27**

Mammoth Lakes proudly boasts some of the best views and most spectacular terrain in the entire Sierra. While the Mammoth area offers hundreds of breath taking trails, the Mammoth Crest trail is an astonishing example of a breath taking view. Although the destination is of world class beauty, the trail truly makes you earn the reward. On this 7.5 mile strenuous hike we will become exposed to the changing landscape as we climb in elevation. Watch how the trees change, notice the animals that inhabit different elevations, and learn the historical relationship between man and the Sierra Nevada. This hike will take approximately half a day and will require a strong level of hiking ability. Please call in advance to RSVP with Jonathan Silva at (760) 920-1163.

## **OBSIDIAN DOME GUIDED HIKE AUGUST 28**

Long before there were seasonal visitors enjoying the Eastern Sierra, the Paiute Indians inhabited this sacred soil. As these Native Americans traveled these lands, they spent their time hunting, gathering, and exploring the geologic features in search of materials to make tools. Take a hike with us as we dive into the history of those who walked this majestic landscape long before the time of the automobile. Please meet at the parking lot (off highway 395) for the Obsidian Dome road at 10:30am. This trail does require some driving on dirt roads. Vehicles will follow a pilot car in order to reach the location for the beginning of the hike. Please call in advance to RSVP with Jonathan Silva at (760) 920-1163.



## **SIERRA CLUB EVENTS AND MEETINGS**

*August - Range of Light Group Outings/Meetings.*

**August 28 (Sunday):** Women's Fun Outing and After-Hike Get-Together. Destination TBA. Contact: Joanne (760-709-5050) or jhphotos73@gmail.com

*For ALL outings: bring water, lunch and snacks, layered clothing, appropriate hiking footwear, hat, sun-screen, bug spray in summer & desired personal items such as cameras, binoculars, and hiking poles. Contact leader for permission to bring your dog. Abominable weather cancels.*

## **CSA AREA 1 SUMMER WELLNESS CLASSES**

Mono County Service Area 1 is now offering various wellness classes at the Crowley Lake Community Center. Classes are open to the public and are free for residents living in the district. If you live northwest of the Geothermal Plant and South of Sunnyslopes/Tom's Place then you reside outside of the district and will be required to pay a nominal fee of \$5 per class. Class schedule is as follows:

### Cardio Sculpt:

Mondays 5:30-6:30pm

- August 29

### Mommy Bootcamp:

Tuesdays 10:00-11:00am

- August 30

### Pilates:

Tuesdays 8:00-9:00am

- August 30

### Fencing:

Thursdays 6:30-7:45pm

- August 25

### Yoga:

Thursdays 5:00-6:15pm

- August 25

## **2016 EASTSIDE VELO GROUP BIKE RIDES**

Eastside Velo (the Mammoth Lakes cycling club) has organized their list of group rides in the Eastern Sierra through October. Check below for ride schedule. All rides are open to the public and are scheduled as follows:

8/28: Juniper Springs Ride

9/10: Mammoth Gran Fondo

9/24: Fendon's Pool Party

10/8: Benton Hot Springs Ride

10/22: Bristlecone Ride



Annual membership is \$35 and gives you access to all of the group rides. Non-members are welcome with a \$15 day use charge. Eastside Velo also offers weekly summer training rides every Wednesday at 5:15 pm. The summer training rides will meet at the Green Church (Benton Crossing Road). To RSVP for rides or to find out more information, including information on the Women's Racing & Training Team or Time Trials, visit [www.eastsidevelo.org](http://www.eastsidevelo.org).

### **GREAT ANNUAL ROTARY DUCKY DERBY COMMUNITY FUNDRAISER**

On October 2, thousands of rubber duckies will race down Bishop Creek through the park competing for a grand prize of \$1,000. Community members can purchase duck tickets for a chance to win, and all are invited to this fun event. The event is hosted by Bishop Rotary, a community service club, in conjunction with local schools and organizations. Money from ticket sales will fund your club or Bishop Rotary projects such as scholarships, financial literacy education for students, and other service efforts.

Bishop Rotary invites local not-for-profit organizations, such as schools, school clubs, and athletic teams, and other service clubs, to sell tickets to the Ducky Derby as a 50/50 fundraiser. For example, for every \$10 duck ticket a high school student sells, that student's school club keeps \$5, and Rotary receives the other \$5 for use in future community projects. Not-for-profit organizations interested in selling duck tickets and participating in this 50/50 fundraiser should contact Robert Atlee at [rdatlee@aol.com](mailto:rdatlee@aol.com) or call (760) 914-1695.

Community members interested in purchasing individual duck tickets can do so online, from Bishop Rotary members, the Bishop Chamber of Commerce, Visitor Center at Bishop City Park, and a variety of other organizations.

### **Upcoming & On-Going Events...**

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- ON-GOING Lap Swim at Whitmore Pool
- Sept 7 Adult Co-ed Dodgeball League
- Sept 13 Zumba returns!
- Sept 11 Drop-in Street Hockey
- Oct 28 Haunted Rink Skate Party